



**Connecticut  
Light & Power**

The Northeast Utilities System



Connecticut Association  
for Human Services, Inc.

*Programs that Help People in Connecticut* has been connecting Connecticut residents to federal, state, and local agencies for over twenty years. Need information? Need Help? Need Services? **LOOK INSIDE!**

The Connecticut Association for Human Services (CAHS) updates the program entries and Connecticut Light and Power (CL&P) publishes this booklet. We are grateful to everyone who supplied information for the new edition.

**THIS BOOKLET IS A GUIDE**, containing brief descriptions of complex programs. Eligibility criteria, services offered and funding are subject to change. **PLEASE CHECK WITH THE ADMINISTERING AGENCY FOR THE MOST UP-TO-DATE INFORMATION.**

If you need a particular service but do not see it reflected in any of these pages, you may wish to begin with a call to **United Way 2-1-1**, described after the table of contents. In addition, every Connecticut town is required to have a *Municipal Agent* to help senior citizens and most also have a *Youth Services Bureau* that can link you to groups that could help meet the needs of children. You can find these numbers in the blue pages of your phone book.

Many services have income and asset eligibility guidelines. Generally, income is money available to you from an ongoing source. Assets are referred to as other financial resources – a bank account, a home, a car etc. **Don't assume you are not eligible!** Check with the agency that administers the program. If you do not meet the guidelines for service, they should offer you an alternative.

**A special note to individuals who have never accessed social services in the past:** The on-going recession, with the loss of tens of thousands of jobs and widespread home foreclosures in Connecticut, has necessitated the use of social services by many people who have never had occasion to seek social services before. Navigating the social service system can be confusing and time consuming, even for experienced consumers. For individuals new to this process, it can be difficult to access all of the resources needed for a family at a single agency. To find services to meet a variety of needs, dial **2-1-1**, or the Connecticut Association for Human Services or other multi-service agencies listed on page 24 of this book. These agencies can help families access and determine eligibility for multiple programs and public benefits including: SNAP (formerly food stamps), health care, housing, cash assistance and other resources. Accessing benefits may still not be as easy as people would like, but these agencies will do their best to address new and multiple needs.

**We would like to hear from you!** Please let us know of any services that should be added, deleted or revised. *Programs that Help People in Connecticut* is updated every two years. Additional copies are available through CL&P or CAHS by written request, and can be downloaded directly from the CAHS website.

#### **CAHS**

Publications Department  
110 Bartholomew Avenue – Suite 4030  
Hartford, Connecticut 06106-2201  
(860) 951-2212 x325  
[www.cahs.org/publications](http://www.cahs.org/publications)

#### **CL&P**

Community Relations Department  
P.O. Box 270  
Hartford, CT 06141-0270  
1-800-286-5000 or (860) 947-2121  
[www.cl-p.com](http://www.cl-p.com) email using "contact us" link

# Programs That Help People *2010-2012 Edition*

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# United Way 2-1-1

2-1-1 is Connecticut's statewide information, referral, and crisis intervention service. 2-1-1 specialists are backed by community representatives and an extensive computerized database of human services. They provide up-to-date information about agencies and programs; make referrals to appropriate community resources; and intervene in crises, including suicide prevention. Extensive information is available on child care, alcohol and drug treatment, elder services, maternal and child health, problem gambling, and many more helpful services and programs. Calls are free and confidential. 2-1-1 may be accessed 24 hours a day. TTY (for people who are hearing or speech impaired) and multi-lingual operators are available. The 2-1-1 database of statewide health and human services is available on-line at [www.211ct.org/referweb](http://www.211ct.org/referweb). **Some phones may not connect to 2-1-1. In such cases, use the Toll-Free number: (800) 203-1234.**

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***Note: An asterisk (\*) near any entry in this directory signifies that a Spanish-speaking staff member is available.***

# The Basics

## Food

### Supplemental Nutrition Assistance Program (SNAP, formerly the Food Stamp Program)

The State Department of Social Services (DSS) administers the United States Department of Agriculture's Supplemental Nutrition Assistance Program (SNAP) and a State-funded SNAP for people who are not eligible for the federal program solely due to their status as non-citizens. The purpose of both programs is to help low-income people buy food. Eligibility for most households depends on the income of the household. The amount of SNAP for an eligible household depends on the number of people in it, and on how much monthly income is left after certain expenses are subtracted. People can apply for SNAP at the DSS office located nearest the town where they live. People who cannot get to an office can apply for SNAP by mail, or authorize a responsible adult to represent them. People who receive SSI can also apply for SNAP at the Social Security office located nearest their home. For more information about SNAP call DSS **Toll-Free:** (800) 842-1508, **End Hunger CT!:** (860) 560-2100\* or **Connecticut Association for Human Services:** (860) 951-2212 x236\* or **Hispanic Health Council:** (860) 527-0856\*. A complete list of local DSS offices can be found in the Multi-service Agencies section of this book. If denied, a request for a hearing must be made within 90 days of the date of the decision notice. To request a hearing, contact Fair Hearing Unit, Department of Social Services, 25 Sigourney Street, Hartford, CT 06106. Be sure to include your name and address. You can also request a Fair Hearing by calling **Toll-Free:** (800) 462-0134\* or by calling Statewide Legal Services. **Toll-Free:** (800) 453-3320\*

### End Hunger CT!

End Hunger CT! Inc. is dedicated to ending hunger and promoting healthy nutrition. Goals include raising awareness of hunger in the state of Connecticut, promoting access to federal nutrition assistance programs and speaking out to eliminate the root causes of hunger. End Hunger CT! provides SNAP (formerly Food Stamp) outreach in Hartford, New London, Tolland, and Windham counties. Outreach workers assist clients with prescreening for SNAP benefits and conduct workshops and presentations with clients or staff. End Hunger CT! also provides an online SNAP Benefit Calculator that determines potential eligibility and offers application information at [www.ctfoodstamps.org](http://www.ctfoodstamps.org). Child nutrition services include Summer Food Service Program participation grants and School Breakfast Programs. **Address:** 102 Hungerford Street, Hartford, CT 06106 **Phone:** (860) 560-2100 **Website:** [www.endhungerct.org](http://www.endhungerct.org)\*

**You can also reach United Way 2-1-1  
by dialing (800) 203-1234.**

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

WIC is a federally-funded program that serves to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritional assessment and education, referrals to health care, and nutritious foods to supplement diets. Healthy foods such as, eggs, fruits, vegetables, milk, beans, cheese, juice, cereal, peanut butter, infant cereal, baby foods, and formula are available. Information on breastfeeding and healthy eating are provided as well as Farmers' Market coupons for designated months. Eligibility is based on income, residency, certification of nutritional risk, and a physical presence requirement, which means having a WIC employee see your child. Pregnant women, breastfeeding women (up to infant's 1<sup>st</sup> birthday), non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends), infants (up to 1<sup>st</sup> birthday), and children up to their 5<sup>th</sup> birthday are eligible to receive WIC benefits. Please call any of the WIC offices listed below or contact the State WIC Office, Department of Public Health for more information. **Address:** 410 Capitol Avenue, MS#11WIC, Hartford, CT 06134 **Toll-Free:** (800) 741-2142 **Phone:** (860) 509-8084

<b>Access Agency/Willimantic</b> .....	(860) 450-7405
<b>Day Kimball Hospital/Putnam</b> .....	(860) 928-3660
<b>Bridgeport</b> .....	(203) 576-8073
<b>Bristol</b> .....	(860) 585-3280
<b>Danbury</b> .....	(203) 797-4629
<b>East Hartford</b> .....	(860) 528-1458
<b>Hartford:</b>	
Coventry Street .....	(860) 757-4780
Park Street .....	(860) 722-8030
Seymour .....	(203) 888-1271
<b>New Britain</b> .....	(860) 225-8695
<b>New Haven:</b>	
Fair Haven .....	(203) 773-5007
Hill Health Center .....	(203) 503-3080
Hospital St. Raphael .....	(203) 789-3563
Yale-New Haven Hospital .....	(203) 688-5150
<b>TVCCA New London</b> .....	(860) 444-0006
<b>Norwalk</b> .....	(203) 854-7885
<b>TVCCA Norwich</b> .....	(860) 889-1365
<b>Meriden</b> .....	(203) 630-4245
<b>Middletown</b> .....	(860) 358-4070
<b>Rockville Hospital</b> .....	(860) 875-0602
<b>Stamford</b> .....	(203) 977-4385
<b>Torrington</b> .....	(860) 489-1138
<b>Waterbury</b> .....	(203) 574-6785

### Serve New England Food Cooperative (SERVE)

SERVE is a food cooperative that offers monthly distributions of meats, produce and other grocery items at 30 – 50% discounts. Host sites – typically churches, senior centers, civic facilities, or any accessible place where people gather are open to all persons regardless of age, race or income level. To qualify, participants complete two hours of volunteer service a month in their own communities and pay a small fee. All food purchased through SERVE is top quality and obtained through local distributors when available. Content varies from month to month, but a typical family meal package consists of four meat selections, eight or nine produce items, and staple products such as rice, peanut butter and more. Orders are due the first week of each month, and delivery is made on the third or fourth Saturday of each month. Orders may be placed through a local chapter, by phone or online. Payment is made by cash, credit or electronic bank transfer. **Toll-Free:** (888) 742-7363 **Website:** [servenewengland.org](http://servenewengland.org)

## Cooperative Extension Food Services

The Cooperative Extension System, through the University of Connecticut, offers group and individual nutrition education, including individual dietary analysis, nutritious meal planning and preparation, and safe food storage and handling. Contact a local Cooperative Extension Center or affiliate for assistance.

### Brooklyn

139 Wolf Den Road .....(860) 774-9600

### North Haven

305 Skiff Street.....(203) 407-3161 / (203) 407-3169\*

### West Hartford

UConn West Hartford Campus.....(860) 570-9010 / (860) 570-9061\*

## Food and Fuel Banks

There are many food pantries and fuel banks available throughout the state to help individuals and families in need. To learn more about food pantries and soup kitchens throughout the state, contact United Way of Connecticut **2-1-1**.

## Cash Assistance

### Temporary Family Assistance (TFA)

TFA is a cash assistance program that provides basic human needs to families. It helps single- and two-parent families, and relatives who have the responsibility of caring for children under the age of 19. Many families eligible for TFA are also eligible for SNAP, medical assistance, and energy assistance. TFA is limited to 21 months, requiring adults to look for and find work; however, some families may be exempt from the time limit. Extensions to the 21-month limit can be granted in 6-month increments for families that have made good faith efforts to find work. The amount of assistance is determined by the number of people in the household, the amount of their income, and the particular town of residence. Applications are accepted at all Department of Social Services offices listed in the Multi-service Agency of this book. For information **Phone:** (860)-424-5540\*

### State-Administered General Assistance (SAGA)

The SAGA program, administered by the State Department of Social Services (DSS), provides cash assistance to adults without children who are unable to work for medical reasons. The program also helps families who do not meet the rules for other department programs. Employable individuals are not eligible for SAGA cash assistance but may qualify for SAGA medical assistance. Food and medical vouchers can be issued on an emergency basis. SAGA applicants and recipients must participate in digital imaging (fingerprinting), pursue other available benefits or resources that may meet their financial or medical needs, and agree to a lien on their home if they own one. A personal appointment is not necessary if only applying for SAGA medical assistance. Call any of the DSS offices listed under Multi-service Agencies in this book or **Toll-Free:** (800) 842-1508\*

### Social Security – Old Age, Survivors and Disability Insurance (OASDI)

Social Security, also called OASDI, is a federal program for the retired and disabled, as well as for survivors of a deceased wage earner. People who have worked enough quarters and have paid into the program are eligible; there are no income or asset requirements. People who are at

least 62 and retired, the disabled at any age, or qualified dependents or survivors of the insured are eligible for benefits. Individuals can begin collecting full retirement benefits when they reach age 65. For people born 1938 and later, the full retirement age will gradually increase to age 67; these people can still collect reduced benefits at age 62. Survivors' benefits are paid to a spouse with children who are minors, a widow or widower age 60 or older, a widow or widower age 50 or older, and disabled, minor children, or a parent age 62 or older who was dependent on the wage earner. Disability benefits can be paid to people who are unable to engage in substantial gainful activity or whose disability will result in death. **Address:** Social Security Administration, 960 Main Street, 2<sup>nd</sup> Floor, Hartford, CT 06103. **National Toll-Free:** (800) 772-1213 **Phone:** (860) 493-1857\* **Website:** [www.socialsecurity.gov](http://www.socialsecurity.gov)

### Ansonia

307 Main Street.....(866) 331-7096

### Bridgeport

3885 Main Street.....(866) 331-6399

### Bristol

225 North Main Street, Room 400 .....(860) 314-2304

### Danbury

131 West Street .....(203) 748-3569

### East Hartford

580 Burnside Avenue .....(866) 706-6759

### Hartford

960 Main Street 2nd Floor.....(860) 493-1857

### Meriden

One West Main Street.....(877) 409-8429

### Middletown

425 Main Street .....(860) 347-8562

### New Britain

233 Main Street 2nd Floor.....(866) 858-6086

### New Haven

150 Court Street, Room 325A.....(866) 331-5281

### New London

2 Shaw's Cove, Room 203.....(866) 643-3401

### Norwich

Thames Plaza, 101 Water Street.....(860) 886-7118

### South Norwalk

24 Belden Avenue .....(203) 849-1911

### Stamford

2 Landmark Square, Suite 105 .....(866) 770-1881

### Torrington

147 Litchfield Street.....(860) 489-1633

### Waterbury

95 Scovill Street .....(203) 756-7476

### Willimantic

1320 Main Street .....(860) 423-6386

## Supplemental Security Income (SSI)

SSI is a federal income maintenance program for the aged, blind, and disabled. Unlike Social Security, SSI has limits on the amount of money and resources a recipient can have. Recipients may receive both Social Security and SSI, if eligible for both. Flat monthly payments are issued to participants; the 2010 benefit level is \$674 for one person, \$1,011 for a couple. If the participant lives in a household which provides in-kind support e.g. food and/or lodging, the monthly payment is reduced by one-third. Eligibility is based on age, blindness, disability, income, and assets. Contact a Social Security Office listed above.

## State Supplement for the Aged, Blind, and Disabled (State Supplement)

The State Supplement program is a state income maintenance program administered by the Department of Social Services to supplement assistance under the federal Supplemental Security Income (SSI) program. However, actual receipt of federal SSI is not required. For example, recipients of a low monthly Social Security benefit, private pension, Veteran's benefit, or limited income from another source may still qualify for the State Supplement. The benefit is based on a standard calculation of total need compared to the applicant's income. Applicants must be age 65 and older, or at least 18 years old if disabled, or blind. People receiving State Supplement also receive Medicaid to cover medical expenses. In addition, many recipients may also be eligible for SNAP and energy assistance. **Toll-Free:** (800) 842-1508\*

## Housing

### Emergency Shelter Services

Emergency shelters provide the minimum necessities of life to individuals and families on a limited basis during a period of dislocation, crisis, or emergency. Services which are available without regard to income may be restricted to particular ages, sex, population groups, or referring agency. The Department of Social Services (DSS) funds emergency shelters that support individuals and families who have become homeless due to a variety of causes such as fire, eviction, unemployment, and/or natural disaster. Emergency Shelter Services may include initial food and shelter, housing assistance, counseling, information and referral, crisis intervention, and assistance with hygiene. Transitional Living Programs help facilitate the movement of homeless people into decent housing and stable living environments. Local emergency shelters (DSS funded and non-DSS funded shelters) are listed below or contact DSS for general information. **Phone:** (860) 424-5875

#### Bridgeport

Alpha Community Services (YMCA Families in Transition)  
387 Clinton Avenue ..... (203) 366-2809\*  
Alpha Community Services (YMCA Families in Transition)  
309 Brook Street ..... (203) 366-2809\*  
Bridgeport Rescue Mission  
1088 Fairfield Avenue ..... (203) 333-4087  
Prospect House  
392 Prospect Street ..... (203) 576-9041\*

#### Bristol

St. Vincent DePaul Homeless Shelter  
19 Jacobs Street ..... (860) 589-0702\*

#### Danbury

Harmony House Shelter  
5 Harmony Street ..... (203) 792-8609  
City of Danbury Shelter  
41 New Street ..... (203) 796-1661

#### Danielson

Access Emergency Shelter  
51 Reynolds Street ..... (860) 774-4977

#### East Hartford

East Hartford Shelter  
385 Main Street ..... (860) 568-0323

#### Fairfield

Operation Hope  
50 Nichols Street ..... (203) 254-2935

#### Hartford

Immaculate Conception  
560 Park Street ..... (860) 724-4823\*  
Open Hearth  
437 Sheldon Street ..... (860) 525-3447  
Salvation Army/Marshall House  
225 South Marshall Street ..... (860) 543-8423\*  
South Park Inn  
75 Main Street ..... (860) 724-0071\*  
St. Elizabeth House  
118 Main Street ..... (860) 560-4100\*  
Stewart McKinney Shelter  
34 Huyshope Avenue ..... (860) 722-6922\*

#### Manchester

Samaritan Shelter  
466 Main Street ..... (860) 647-8003

#### Meriden

Shelter Now  
43 Saint Casimir Drive ..... (203) 237-4020

#### Middletown

American Red Cross  
117 Daddario Road ..... (860) 347-8686  
The Eddy Shelter  
1 LaBella Circle ..... (860) 343-5520

#### Milford

Beth El Shelter  
90 New Haven Avenue ..... (203) 876-0747

#### Mystic/Groton

Mystic Area Shelter  
119 High Street ..... (860) 441-6760

#### New Britain

Friendship Center  
241-249 Arch Street ..... (860) 225-0211  
Salvation Army Men's Emergency Shelter  
78 Franklin Square ..... (860) 225-6662

#### New Haven

Care Ways Shelter  
223-225 Portsea Street ..... (203) 492-4873\*  
Christian Community Action Hillside Family Shelter  
168 Davenport Avenue  
and New Haven Family Shelter  
124 Sylvan Avenue ..... (203) 777-7173  
Columbus House  
586 Ella Grasso Blvd ..... (203) 773-9673\*  
Emergency Shelter Management Services  
645 Grand Avenue ..... (203) 777-2522  
Life Haven  
447 Ferry Street ..... (203) 776-6208\*  
Women in Crisis  
559 Howard Avenue ..... (203) 624-5798\*

#### New London

Covenant Shelter  
42 Jay Street ..... (860) 443-0537\*  
Sound Community Services  
38 Green Street ..... (860) 442-4289

#### Norwalk

Norwalk Emergency Shelter  
4 Merritt Street ..... (203) 866-1057\*

#### Norwich

TVCCA Homeless Shelter  
401 W. Thames Street - Unit 201 ..... (860) 889-1365



**Shelton**

Spooner House  
30 Todd Road.....(203) 225-0453

**Stamford**

Shelter for the Homeless  
597 South Pacific Street..... (203) 348-2792\*  
St. Luke's Life Works Family Shelters  
141 Franklin Street ..... (203) 388-0152\*  
St. Luke's Life Works Women's Shelter  
8 Woodland Place ..... (203)388-0152\*

**Torrington**

FISH Shelter  
332 South Main Street .....(860) 482-7300

**Vernon**

Tri-Town Emergency Shelter  
93 East Main Street.....(860) 875-9702

**Wallingford**

Wallingford Emergency Shelter (*seasonal, closed in spring and summer*)  
123 Quinpiac Street ..... (203) 294-0102

**Waterbury**

St. Vincent DePaul Shelter  
114 Benedict Street ..... (203) 573-9018\*  
Salvation Army Family Emergency Shelter  
74 Central Avenue ..... (203) 756-1718\*

**Westport**

Interfaith Housing of Westport/Weston  
45 Jessup Road.....(203) 226-1191\*  
Bacharach Community Center  
3 Wassell Lane.....(203) 222-9260

**Willimantic**

Holy Family House and Shelter  
88 Jackson Street ..... (860)423-7719\*

**Winsted**

YMCA Winsted/Winchester Emergency Shelter  
480 Main Street.....(860) 379-0708

**New Haven Home Recovery (NHHR)**

NHHR provides emergency shelter and supportive housing for women and children confronting homelessness, HIV/ AIDS, and/or behavioral health issues. **Address:** 153 East Street, Suite 300, New Haven **Phone:** (203) 492-4866\* **Website:** [www.nhhr.org](http://www.nhhr.org)

**Connecticut Department of Social Services Programs (DSS)**

**Eviction Prevention Program:** This program assists low- and moderate-income residents at risk of becoming homeless or losing their homes due to inability to pay their rent or mortgage. **Phone:** (860) 424-5427

**Section 8 Housing Choice Voucher Program:** This federally funded program assists low-income families in obtaining housing and provides direct rental subsidies to property owners. These subsidies fill the gap between what a renter can afford to pay and the rent charged by the landlord. **Security Deposit Assistance:** This program helps two groups of income-eligible persons afford to move into rental housing. The first includes persons who hold a Section 8 voucher or state rent subsidy (RAP, T-RAP) certificate newly issued while the applicant was on a housing authority waiting list. The second includes homeless individuals and families. Qualifying emergency situations include: homelessness; living in a domestic violence shelter, motel or hotel, or temporary residence with friends or relatives during the homeless crisis; eviction; and, release from

a hospital, prison, or other institution. Applicants on public assistance or those who meet the income limits and other criteria may be eligible for the equivalent of up to two-month's rent in the form of a security deposit guarantee. **State Rental Assistance Program (RAP):** This program provides rent subsidies for low-income households. For families, RAP pays the difference between the gross rent and 40% of adjusted gross monthly income. For the elderly and disabled, RAP pays the difference between the gross rent and 30% of the adjusted gross monthly income.

**Transitory Rental Assistance Program (T-RAP):** This program provides rental assistance for a maximum of one year to families who are making the transition off Temporary Family Assistance (TFA).

**Phone:** (860) 424-5578\*

**Housing Education Resource Center (HERC)**

HERC provides housing counseling, information, education and resources to tenants, landlords, homeowners, agencies, and others. In addition to providing individual counseling regarding specific housing questions and problems, HERC's Landlord/Tenant Information and Counseling program offers workshops, resources, and in-service training on specific housing and landlord/tenant topics. In partnership with Connecticut Department of Social Services (DSS), HERC operates a housing mobility program that assists DSS rental subsidy recipients with their housing needs. Services focus on preparing clients for all phases of their housing search and helping them to secure housing. Services include: Tenant Education Classes; Community Familiarization; Housing Search Assistance; Literature and Referrals; and Lease and Landlord/Tenant Negotiation Assistance. HERC also provides Housing Coordinator services for the Connecticut DSS Money Follows the Person Program. Through this program, HERC locates housing and provides other services to help those living in nursing homes relocate to community-based housing. **Housing Counseling Line** (Tuesday and Friday, 9 a.m. – 5 p.m.): (860) 296-4372 **Phone:** (860) 296-4242 (Tenant/Landlord x101, Mobility Services x102) **Website:** [www.herc-inc.org](http://www.herc-inc.org)

**U.S. Department of Housing and Urban Development (HUD)**

HUD's mission is to increase homeownership, support community development, and increase access to affordable housing free from discrimination. Programs include: Rental Assistance through Housing Choice Vouchers; Low-Income Public Housing; and Elderly and Disabled Housing. Information is available from the Department of Economic and Community Development (DECD), (860) 270-8000; the Department of Social Services (DSS), (860) 424-5031; the Connecticut Housing Finance Authority (CHFA), (860) 721-9501; or the public housing authority or housing department in each town or city. A booklet, *Looking for HUD-Assisted Rental Housing in Connecticut*, can be obtained from the HUD office. The HUD website contains a contact list of HUD-approved home buyer/renter counseling agencies across the state. **Address:** 1 Corporate Center, 20 Church Street, 19th Floor, Hartford, CT 06103. **Phone:** (860) 240-4800\* **TTY:** (860) 240-4665 **Website:** [www.hud.gov](http://www.hud.gov)

*Programs that Help People in Connecticut*  
is available on-line at [cahs.org/publications](http://cahs.org/publications).

# Energy

## Weatherization Residential Assistance Partnership “WRAP”

Connecticut Energy Efficiency Fund limited-income program “WRAP” (Weatherization Residential Assistance Partnership), provides valuable weatherization measures to help renters and homeowners reduce their energy bills by making their homes more energy efficient. This program provides services to income-eligible electric, natural gas and oil heat customers. You can sign up for WRAP by calling the number provided or submitting an application located on the website. **Phone:** 1-800-338-WRAP **Website:** [www.cl-p.com/wrap](http://www.cl-p.com/wrap)

## Matching Payment Program

CL&P’s new Matching Payment Program provides year-round electric service and possible forgiveness of back balances to low-income electric heating customers who have past-due balances. To be part of CL&P’s Matching Payment Program eligible electric heating customers must apply for energy assistance by calling 2-1-1 or contacting a local community action agency. Enroll in CL&P’s new Matching Payment Program and have energy assistance funds applied to your CL&P account. Make and keep a monthly payment arrangement. Customers who maintain eligibility under the Matching Payment Program will see an additional reduction in their past-due amount for every dollar paid to CL&P. For more information, contact the Matching Payment Program team. **Toll-Free:** (800) 286-2828 **Phone:** 860.947.2828 **Website:** [www.cl-p.com](http://www.cl-p.com)

## NUSTART

NUSTART is CL&P’s program designed to give a fresh start to low-income customers whose income is below 200% of the federal poverty level and have a past-due balance of \$100 or more on a CL&P bill. Through NUSTART, customers can reduce or eliminate their past-due balance if they pay an agreed-upon budgeted amount on time each month. For eligibility requirements and more information contact CL&P. **Toll-Free:** (800) 286-2828 **Phone:** (860) 947-2828 **Website:** [www.cl-p.com](http://www.cl-p.com)

## Connecticut Energy Assistance Program (CEAP)

This federally-funded Connecticut Energy Assistance Program (CEAP) is designed to help low-income households (individuals and families) pay their winter heating bills. CEAP is not designed to pay total heating costs. Households must plan to pay a part of the bill themselves. Applications for CEAP are handled by the local Community Action Agency. The application period for winter fuel assistance begins in October. Benefits are available only until funds run out. Call the Department of Social Services (DSS). **Phone:** (800) 842-1132 or United Way of Connecticut at 2-1-1. **Website:** [www.cl-p.com](http://www.cl-p.com)

## Operation Fuel

Operation Fuel partners with communities, businesses, government and individuals to ensure people in need have access to year-round energy assistance. Operation Fuel uses a network of over 100 fuel banks that are in direct contact with local households in need. These include town social services agencies, community action agencies, nonprofit organizations, and religious organizations. These agencies voluntarily take applications for the program. In addition to providing our clients with crisis funding, the network of fuel banks also provides referral for both long-term and immediate solutions. Services may include budget counseling, consumer credit counseling, help with a job search, and referrals to food pantries, day care centers, legal aid counseling, housing assistance, and treatment services. For more information on applying for assistance dial **2-1-1**.

**You can also reach United Way 2-1-1  
by dialing (800) 203-1234.**



# Self-Sufficiency

## Jobs

### CTWorks

CTWorks Career Centers, also known as One Stops, offer free employment services for those interested in finding a job, upgrading job skills, or starting a new career. With 14 offices statewide, the CTWorks system can unite job seekers with potential employers through access to a wide variety of no-cost job and career information and services. For individuals seeking job assistance, the CTWorks Career Centers offer electronic job listings through the CT JobCentral, job search support, education and skills training, specialized workshops, career counseling; and veterans' employment programs. Workshops include interview tips and resume/cover letter preparation while services include the use of phones, fax, copiers, and computers to find the right job. CTWorks services are available at CTWorks Career Centers listed below. TTY/TDD numbers also available. **Website:** [www.ct.gov/dol](http://www.ct.gov/dol)

<b>Bridgeport</b>	
2 Lafayette Square.....	(203) 455-2700
<b>Danbury</b>	
152 West Street.....	(203) 731-2929
<b>Danielson</b>	
95 Westcott Road.....	(860) 412-7000
<b>Enfield</b>	
620 Enfield Street.....	(860) 741-4295
<b>Hamden</b>	
37 Marne Street .....	(203) 859-3200
<b>Hartford</b>	
3580 Main Street.....	(860) 256-3700
<b>Meriden</b>	
85 West Main Street.....	(203) 238-6148
<b>Middletown</b>	
645 S. Main Street .....	(860) 754-5000
<b>New Britain</b>	
260 Lafayette Street.....	(860) 827-6200
<b>New London</b>	
Shaw's Cove Six .....	(860) 439-7400
<b>Norwich</b>	
113 Salem Turnpike, North Building., Suite 200 .....	(860) 859-5777
<b>Torrington</b>	
685 Main Street, Kmart Plaza .....	(860) 496- 3300
<b>Waterbury</b>	
249 Thomaston Avenue .....	(203) 437-3380
<b>Willimantic</b>	
1320 Main Street .....	(860) 465-2120
<b>TTY Number</b> .....	(860) 263-6074

### Dress for Success

Dress for Success promotes economic independence of disadvantaged women by providing professional attire, a network of support, and the career development tools to help women thrive in work and in life. Clients are referred by nonprofit, state and government agencies. All programs are free. **Hartford:** (860) 525-5015 **Mid-Fairfield County:** (203) 333-6505 **Website:** [www.dressforsuccess.org](http://www.dressforsuccess.org)

### Transportation to Work (TTW)

TTW provides transportation to work for individuals transitioning off public assistance and for others earning low incomes. A job developer, an employer, or a group of five or more employees needing transportation assistance can contact the local TTW contractor for specific services provided:

<b>Northwest Regional Workforce Investment Board Waterbury</b>	..... (203) 574-6971 x448 / <b>Toll-Free:</b> (888) 353-5828
<b>Capitol Region Council of Governments Hartford</b>	..(860) 522-2217 Ext.233
<b>Regional Growth Connection New Haven</b>	.....(203) 624-1493 Ext.245
<b>The WorkPlace Bridgeport</b>	.....(203) 610-8544
<b>Eastern CT Workforce Investment Board Franklin</b>	(860) 859-4100 Ext.22

## Adult Education

### Learn to Read

Literacy programs exist in every region of the state. Contact **United Way of Connecticut 2-1-1** or the local program listed below:

<b>Bridgeport</b>	
Literacy Volunteers, 177 State Street.....	(800) 345-7323
Literacy Volunteers, 177 State Street.....	(203) 579-2208
Mercy Learning Center, 637 Park Street.....	(203) 334-6699
<b>Danbury</b>	
The Volunteer Center, 58 Division Street .....	(203) 797-1154
LVA School, 248 Main Street.....	(203) 792-8260
<b>East Hartford</b>	
Literacy Volunteers, 656 Burnside Avenue.....	(860) 528-7422
<b>Enfield</b>	
Literacy Volunteers, 75 Church Street .....	(860) 253-3038
<b>Essex</b>	
Literacy Volunteers, 25 Middlesex Turnpike.....	(860) 767-1202
<b>Hartford</b>	
Catholic Charities, 45 Wadsworth Street .....	(860) 524-6853
Literacy Volunteers, 30 Arbor Street .....	(860) 233-3853
Village for Children and Families, 1680 Albany Avenue.....	(860) 236-4511
YMCA of Greater Hartford, 241 Trumbull Street..	(860) 522-9622 Ext.2315
<b>Meriden</b>	
Literacy Volunteers, 105 Miller Street .....	(203) 235-1714
<b>Middletown</b>	
Literacy Volunteers, 123 Broad Street .....	(860) 347-0337
<b>Milford</b>	
Literacy Center, 16 Dixon Street .....	(203) 878-4800
<b>New Britain</b>	
Literacy Volunteers, 20 High Street.....	(860) 229-7323 / (877) 603-7323
<b>New Haven</b>	
New Haven Reads, 45 Bristol Street.....	(203) 865-3867
Springs Learning Center, 115 Blatchley Avenue .....	(203) 787-1025
<b>New London</b>	
Literacy Volunteers, 106 Truman Street.....	(860) 443-4800
<b>New Milford</b>	
Literacy Volunteers, 7 Whittlesey Avenue .....	(860) 355-0830
<b>Norwalk</b>	
Literacy Volunteers, 1 Belden Avenue.....	(203) 853-7437
<b>Norwich</b>	
Literacy Volunteers, 2 Cliff Street, # 6.....	(860) 886-9096
<b>Stamford</b>	
Literacy Volunteers, 141 Franklin Street .....	(203) 324-5214
<b>Waterbury</b>	
Literacy Volunteers, 267 Grand Street .....	(203) 754-1164
<b>Winstead</b>	
North West YMCA, 480 Main Street.....	(860) 379-0708

## Adult Education

Connecticut General statutes mandates that every school district provide free classes for its residents in: citizenship preparation; basic skills instruction; English for speakers of other languages; and completion of high school through either a diploma program or the General Educational Development (GED) equivalency. Many local school districts offer a variety of general interest, vocational and recreational courses, which are available to residents, usually with a course fee attached. Many districts waive course fees or reduce them for senior citizens. Contact the local school district adult education office, or the Bureau of Health/Nutrition, Family Services and Adult Education. **Phone:** (860) 807-2050\* **Website:** [www.sde.ct.gov](http://www.sde.ct.gov)

## Education & Employment Information Center (EEIC)

The Department of Higher Education operates the EEIC, which has information on education offerings at all levels: high school; colleges nationwide; adult continuing education; and job training programs. The EEIC also has information on student financial aid, private occupational schools, job descriptions, and listings of career and education counseling services. Information specialists help teenagers making college or career decisions, unemployed workers exploring job and college options, adults who have not completed high school, professionals making career changes, senior citizens pursuing knowledge, and employers seeking training programs or recent college graduates. The EEIC also offers information on tuition waivers for veterans and senior citizens, an eight-week summer and weekend Alternate Route to Teacher Certification program, and national and community service. **Address:** EEIC, 61 Woodland Street, Hartford, CT 06105 **Toll-Free:** (800) 842-0229 **Phone:** (860) 947-1810 **Website:** [www.ctdhe.org](http://www.ctdhe.org)\*

## CT Talent Assistance Cooperative Educational Opportunity Center (CONNTAC-EOC)

CONNTAC, Inc. provides no-cost assistance to Connecticut residents seeking to enter or re-enter post-secondary education. Services include academic and financial aid counseling, college referral services, career planning, and college tutoring. Counselors are available for presentations to groups as well as for individual assistance. Income-qualified participants receive admission application fee waivers, which are accepted by most U.S. colleges and universities. Expertise with defaulted student loans is also available. **Phone:** (203) 634-7669 **Website:** [www.conntacinc.org](http://www.conntacinc.org)\*

<b>Bridgeport</b> .....	(203) 332-5041
<b>Farmington</b> .....	(860) 255-3535
<b>Hartford</b> .....	(860) 906-5073
<b>Manchester</b> .....	(860) 512-3556
<b>Meriden/ Middletown</b> .....	(860) 343-5800 Ext.6999
<b>New Haven</b> .....	(203) 285-2216
<b>Norwalk</b> .....	(203) 857-7109
<b>Norwich</b> .....	(860) 383-5295
<b>Waterbury</b> .....	(203) 574-1140
<b>Willimantic</b> .....	(860) 412-7263

## Graduate! CT

The Graduate! CT program offers one-on-one advising, counseling, and advocacy to adults that want to return to college. Advisors can help to identify programs specifically for adult learners, help with the financial aid process, and maintain connections with clients until graduation. **Phone:** (860) 702-3800 **Website:** [www.graduct.org](http://www.graduct.org) or text 'GRADCT' to 25827.

## Opportunities Industrialization Centers (OIC)

OIC programs provide education, free training, job placement assistance, and support services to the unemployed, under-employed, unskilled, and youth.

<b>Danbury</b> .....	(203) 797-4629
<b>East Hartford</b> .....	(860) 528-1458
<b>Hartford:</b>	
Coventry Street .....	(860) 757-4780
Park Street .....	(860) 722-8030
Seymour .....	(203) 888-1271
<b>New Britain</b> .....	(860) 225-8695
<b>New Haven:</b>	
Fair Haven .....	(203) 773-5007
Hill Health Center .....	(203) 503-3080
Hospital St. Raphael .....	(203) 789-3563
Yale-New Haven Hospital .....	(203) 688-5150
<b>TVCCA New London</b> .....	(860) 444-0006
<b>Norwalk</b> .....	(203) 854-7885
<b>TVCCA Norwich</b> .....	(860) 889-1365
<b>Meriden</b> .....	(203) 630-4245
<b>Middletown</b> .....	(860) 358-4070
<b>Rockville Hospital</b> .....	(860) 875-0602
<b>Stamford</b> .....	(203) 977-4385
<b>Torrington</b> .....	(860) 489-1138
<b>Waterbury</b> .....	(203) 574-6785

## Money Management

### Consumer Credit Counseling Service (CCCS)

CCCS, a division of Money Management International, is a HUD-approved counseling agency. CCCS provides free, confidential, in-person telephone and web-based financial counseling, money management and budgeting skills. CCCS also provides debt repayment planning assistance and bankruptcy counseling. The Center for Financial Education offers educational seminars on financial management, credit issues, home buying, and bankruptcy discharge. CCCS has local offices in East Hartford and Milford. **Toll-Free:** (888) 845-5669\* **Website:** [www.moneymanagement.org](http://www.moneymanagement.org)

### Connecticut Money School

Connecticut Money School (CMS) is a project of the Connecticut Association for Human Services (CAHS) and five nonprofit partners. CMS provides free financial education for adults and seniors. CMS believes that everyone should have the opportunity to become financially stable and successful. Free financial education classes are offered on a variety of topics in greater Bridgeport, New Haven, and Hartford. Classes range from basic issues, like budgeting, to more complex concepts, like savings and investing. To find a class or register visit our website. **Phone:** (860) 951-2212 Ext.230 **Website:** [www.ctmoney.org](http://www.ctmoney.org)

### Internal Revenue Service (IRS)

The IRS educates families about tax issues like the Earned Income Tax Credit (EITC), child tax credit and Individual Tax Identification Number (ITIN) certification for those who do not have a social security number. Working with local partners, tax returns are prepared at no charge through **Volunteer Income Tax Assistance (VITA)** and **Tax Counseling for the Elderly (TCE)** programs. VITA and TCE programs train volunteers to prepare simple tax returns, and in most cases, file the return electronically for the tax filer. **Address:** 135 High Street, Hartford, CT 06103 **Phone:** (860) 756-4658 **Website:** [irs.gov](http://irs.gov)\*

## Homeownership

### Housing Education Resource Center (HERC)

HERC offers first time homeownership classes as well as individual confidential counseling sessions on budget and credit, income-to-debt ratio evaluations, advantages and responsibilities of homeownership, special home buying financing programs, preparing for a loan application interview and a detailed review of the complete home buying process. Seminars for those purchasing multi-family dwellings and post-purchase counseling are also available. **Foreclosure Prevention Clinics** address the needs of those who are delinquent in their mortgage payments and need help to prevent their mortgage from going into default. Services include extensive financial and budget analysis to evaluate current and future ability to reconcile mortgage debt; an exploration of various loss mitigation strategies; determination of eligibility for special assistance programs; and working with lenders to facilitate resolution. Housing Counseling Line (Tuesday and Friday, 9 a.m. – 5 p.m.): (860) 296-4372 **Phone:** (860) 296-42428 (Homebuying x101, Foreclosure Prevention x106) **Website:** [www.herc-inc.org](http://www.herc-inc.org)

### Homeownership

These programs assist local residents in overcoming obstacles that prevent homeownership. Services offered at each site vary and can include pre-purchase homeowner education; down payment assistance; closing cost assistance; low-interest mortgages; referrals for rental housing and landlord-tenant issues; counseling regarding mortgage delinquencies; loans for property rehabilitation; savings programs; and help in choosing loan sources and obtaining loan approvals.

#### Bridgeport

ACORN Housing ..... (203) 366-4180  
Bridgeport Neighborhood Trust ..... (203) 332-7977

#### Danbury

Money Management International ..... (800) 208-2227

#### Hartford

Christian Activities Council ..... (860) 527-9860  
Co-Opportunity, Inc ..... (860) 236-3617 Ext.103  
Community Renewal Team, Inc. .... (860) 560-4663  
Hartford Areas Rally Together ..... (860) 525-3449  
Housing Education Resource Center ..... (860) 296-4242  
Mutual Housing Association ..... (860) 296-1797  
Urban League of Greater Hartford ..... (860) 527-0147

#### New Britain

Neighborhood Housing Services ..... (860) 224-2433

#### Norwich

Catholic Charities ..... (860) 889-8346

#### Rocky Hill

Connecticut Housing Finance Authority ..... (860) 721-9501

#### Stamford

Money Management International ..... (800) 208-2227  
Housing Development Fund, Inc. .... (203) 969-1830  
Mutual Housing Association ..... (860) 296-1797  
Urban League ..... (203) 327-5810

#### Waterbury

Neighborhood Housing Services ..... (203) 753-1896

### Habitat for Humanity

Habitat for Humanity offers interest-free loans to qualifying families who wish to purchase a home. A 1-3% down payment, 100-400 hours of sweat equity and homebuyer education workshops are required to obtain the loan. Interested persons should contact their local area affiliate.

#### Bridgeport

1470 Barnum Avenue ..... (203) 333-2642\*

#### Danbury

90 Shelter Rock Road ..... (203) 744-1392

#### Northeast CT

P.O. Box 409, Danielson ..... (860) 928-7293

#### Hartford

PO Box 1933 ..... (860) 541-2208 Ext.109\*

#### Middletown

9 Pleasant Street ..... (860) 343-9179

#### New Haven

37 Union Street ..... (203) 785-0794

#### Southeastern CT

377 Broad Street, New London ..... (860) 442-7890

#### Northwest CT

P.O. Box 1, Salisbury ..... (860) 435-4747

#### Waterbury

P.O. Box 1881 ..... (203) 596-0014

#### Willimantic/Windham

P.O. Box 214 ..... (860) 423-7142

### Home Solutions –Community Renewal Team

Home Solutions is a statewide combined loan and grant program designed to offer financial assistance for hazardous materials abatement, septic system repair, replacement and enlargement, and senior citizen emergency home repairs and projects. Also included in the Home Solutions Program is the Energy Conservation Loan (ECL) that may only be used in conjunction with lead and asbestos abatement activities. Contact the CRT Middlesex Services Office **Phone:** (860) 347-4465\* or **Toll-Free:** (877) 254-6601 **Website:** [www.crtct.org](http://www.crtct.org)

### CT Housing Finance Authority (CHFA)

CHFA finances the purchase of existing housing, rehabilitation of sub-standard housing, and construction of new housing with below-market interest rate mortgages and other financial incentives for owner-occupancy or rental housing. Major financing programs include the following. **Low-rate mortgages** to first-time homebuyers with low or moderate incomes; tenants in public or subsidized housing looking to move on to homeownership; eligible police officers in participating municipalities; teachers in a priority or transitional school district or in a subject matter shortage area; and full-time military personnel or veterans who were honorably discharged, or surviving unmarried spouses or civil union partners of deceased veterans. **Down payment loans** to eligible homebuyers at below-market interest rates and secured by a second mortgage. **Urban Rehabilitation Funds** to purchase homes in need of repair in any of six major urban areas of the state. Eligible borrowers – whose employers agree to make a contribution toward employees' down payment – who work in any of the six major urban areas and purchase homes in that area, receive a forgivable loan up to \$25,000 to rehabilitate the home. **Reverse Annuity Mortgage (RAM)** loans to lower-income elderly homeowners, 70 years of age or older, with long-term care needs. **Phone:** (860) 721-9501 Ext.2019 **Spanish Speakers Phone:** (860) 571-4343\* **Website:** [www.chfa.org](http://www.chfa.org)

## Foreclosure Prevention Programs

**Connecticut Fair Alternative Mortgage Lending Initiative and Education Services (CT FAMILIES) Program** is a mortgage loan refinance program designed to help homeowners who have a delinquent fixed or adjustable rate mortgage. Homeowners can refinance into an affordable, fixed-rate, 30-year mortgage through one of five CHFA Participating Lenders. **Emergency Mortgage Assistance Program (EMAP)** is a loan to provide assistance to homeowners who have fallen behind on their mortgage or anticipate becoming delinquent due to a temporary financial hardship beyond their control. EMAP is available up to a maximum of five years, depending on need. For more information on CHFA foreclosure prevention programs. **Phone:** CHFA Call Center 1-877-571-2432 or visit **Website:** [chfa.org](http://chfa.org)

## CT Housing Investment Fund (CHIF)

CHIF offers loan products to first-time homebuyers wishing to purchase a home anywhere in Connecticut. **Energy conservation loans** to qualified owners of single-family homes and multi-family apartment buildings help pay for the purchase and installation of heating systems, vinyl siding, roofing, windows, attic and wall insulation, and alternative energy devices, and implementation of various cost-saving energy conservation measures. **Home Improvement Loans** are available to qualified owner-occupants of one- to four-unit properties. Eligible improvements include structural additions, remodeling of bathrooms and kitchens, elimination of health and safety hazards, roofing, and reconditioning or replacement of plumbing, air conditioning and electrical systems. While CHIF does not directly lend to borrowers, a step-by-step tutorial is available on-line that explains how to get in touch with participating lenders who pre-qualify applicants by reviewing credit history and verifying income and employment. In addition, the website is host to a vast array of resources on housing – including rental housing – and homeownership preparation and tools. **Website:** [chif.org](http://chif.org)

# Health Care

## Insurance

### Health Care for Uninsured Kids and Youth (HUSKY)

HUSKY is Connecticut's health insurance program for children and families, available to residents of Connecticut who are U.S. citizens or legal immigrants. HUSKY provides a comprehensive benefits package including regular medical check-ups and well-child care; prescriptions; mental health and substance abuse services; dental checkups and dental care; immunizations; counseling; vision care; durable medical equipment; and hospital care. All children enrolled in HUSKY are entitled to Early and Periodic Screening, Diagnosis, and Treatment (EPSDT), which is a formal vision, hearing, and developmental screening. All treatment for medically necessary services identified during the course of an EPSDT screening are covered.

HUSKY health care is either free or low-cost, depending on family size and income. The program has two parts, HUSKY A and HUSKY B. HUSKY A is free and covers low-income children and their parents or a caretaker relative. HUSKY B is for higher income families but only covers uninsured children up to age 19. HUSKY B requires co-payments and may also require a monthly premium depending on income and family size. Once enrolled in HUSKY, families choose a Managed Care Organization (health plan) to coordinate the benefits package. Each health plan offers a network of participating doctors, dentists, hospitals, pharmacies, and other specialty providers that families must use. Mental health and substance abuse services are available to HUSKY members through the CT Behavioral Health Partnership. **Toll-Free:** (877) 284-8759\* **TDD/ TTY:** (800) 410-1681 **Website:** [www.huskyhealth.com](http://www.huskyhealth.com)

Questions about EPSDT can be directed to **United Way of Connecticut 2-1-1**, or Department of Social Services **Toll-Free:** (800) 842-1508\*

### Charter Oak Health Plan

Charter Oak Health Plan offers coverage to the uninsured and adults experiencing financial hardship in paying non-group premiums on their own. The State of Connecticut is contracting with three private insurers; Aetna Better Health, AmeriChoice by United Health Care, and Community Health Network of CT, to coordinate benefits and medical providers. Individuals select one of these insurers and participating doctors. There is a single monthly premium for all members. Annual deductibles and co-insurance depend on household income. Charter Oak covers enrollees with pre-existing medical conditions (no exclusions). **Toll-Free:** (877) 772-8625\* **Website:** [www.charteroakhealthplan.com](http://www.charteroakhealthplan.com)

### State-Administered General Assistance Medical Program (SAGA Medical)

The Department of Social Services (DSS) may provide medical assistance, SAGA Medical to childless persons who are unable to pay for necessary medical expenses such as doctor visits, prescriptions, and the cost of hospitalizations and are not eligible for Medicaid or Medicare. If the applicant is hospitalized and cannot afford to pay, the hospital's billing department should be informed as soon as possible and request to file an application for SAGA Medical on behalf of the applicant. **Toll-Free:** (800) 842-1508, or apply through any local DSS office listed under Multi-service Agencies in this book.



## Medicaid (Title XIX)

Medicaid provides coverage for a comprehensive array of health services and medical needs, including services not covered by Medicare. Some services require prior authorization from the Department of Social Services (DSS). Medicaid encompasses both managed care for income-eligible children and their parents under HUSKY A as well as fee-for-service coverage for adults with disabilities and persons 65 and over. People who receive State Supplement for the Aged, Blind or Disabled automatically qualify. Eligibility depends in part on the size of the medical bills and the assets available to the family. Applications are made through any local DSS office listed under Multi-service Agencies in this book.

## Qualified Medicare Beneficiary (QMB) Specified Low-Income Medicare Beneficiary (SLMB) Additional Low-Income Medicare Beneficiary (ALMB) Programs

QMB, SLMB, and ALMB provide health care coverage and financial assistance in paying Medicare costs for certain Medicare beneficiaries. QMB pays Medicare premiums, deductibles and co-payments to fill the gaps in Medicare coverage by eliminating out-of-pocket expenses. The SLMB program pays the Medicare Part B premium only. The ALMB program also pays the full amount of the Medicare Part B premium per month. However, funding for the ALMB program is limited, so it is important to apply as soon after January 1 as possible each year. Once funding runs out, applications will not be accepted. QMB, SLMB and ALMB recipients automatically qualify for the Medicare Part D Low Income Subsidy, also known as "Extra help", which helps with Medicare Part D prescription drug co-pays and deductibles. To be eligible for any of the programs, clients must be a citizen or legal resident of the United States and the State of Connecticut; be enrolled or eligible to enroll in Medicare Part A and have limited income. **Toll-Free:** (800) 609-5627, or visit a local Department of Social Services office listed under Multi-service Agencies in this book.

## Medicare Assignment Program (ConnMAP)

ConnMAP is a program for lower-income elders who meet residency requirements and are enrollees of Medicare Medical Insurance (Part B). It is designed to assure enrollees that health care providers who agree to treat them will not charge more than Medicare-approved rates for services covered by Medicare Part B. At an office visit, the patient presents a card to the office staff of the health care provider. Once the card is presented, providing treatment means the health care provider agrees to accept Medicare-approved rates for the medical care. Information and applications are available from local senior centers, municipal agents and some physicians' offices or through the Department of Social Services **Toll-Free:** (800) 443-9946 **Phone:** (860) 424-4925

## Connecticut Pharmaceutical Assistance Contract to the Elderly and Disabled Program (ConnPACE)

The Department of Social Services (DSS) operates the ConnPACE program, which pays the cost of prescription drugs that exceed \$16.25 per prescription. People 65 years of age or over and those over the age of 18 and disabled under Social Security with income under \$25,100 (single) or under \$33,800 (married) are eligible. The applicant must have been a state resident for at least six months. There is a \$45 annual registration fee. The program will pay for prescriptions only after the deductible has been met and no other type of insurance or medical coverage is available. **Phone:** (860) 269-2029 **Toll-Free:** (800) 423-5026

## Clinics

### Community Health Centers

Community Health Centers offer a wide variety of primary health care and other services for all age groups at an affordable cost. Improved health is achieved through provision of early detection, preventative care, and treatment. Services may include: diagnostic, laboratory and radiological services; family planning; prenatal, maternal and child health care; pharmaceutical services; mental health services; social services; and health promotion programs. Bilingual services are often available.

#### Ansonia

Community Health Connections  
15 West Main Street ..... (203) 503-3570\*

#### Bridgeport

Optimus Health Care  
982 East Main Street ..... (203) 696-3260  
Bridgeport Community Health Center  
471 Barnum Avenue ..... (203) 333-6864  
Chase Wellness Center  
1071 East Main Street ..... (203) 330-2783  
Hollow Community Health Center  
82 George Street ..... (203) 576-3881  
Park City Primary Care  
64 Black Rock Avenue ..... (203) 576-5000  
Ralphola Taylor Health Center  
790 Central Avenue ..... (203) 332-5464  
Southwest Community Health Center  
968 Fairfield Avenue ..... (203) 330-6000\*  
Southwest Community Health Center  
510 Clinton Avenue ..... (203) 366-4000\*  
Southwest Community Health Center  
1046 Fairfield Avenue ..... (203) 330-6054  
Marina Village  
743 South Avenue ..... (203) 330-6010\*

#### Brooklyn

Generations Family Health Center  
54 Reynolds St. .... (860) 779-3080

#### Clinton

Community Health Center of Clinton  
114 East Main Street ..... (860) 664-0787\*

#### Danielson

Generations Family Health Center  
54 Reynolds Street ..... (860) 774-7501

#### East Hartford

Community Healthcare  
94 Connecticut Boulevard ..... (860) 528-1359\*

#### Groton

Community Health Center of New London  
333 Long Road ..... (860) 528-1359

#### Hartford

Community Health Services  
500 Albany Avenue ..... (860) 249-9625  
Charter Oak Health Center  
21 Grand Street ..... (860) 550-7500  
Charter Oak Health Center  
401 New Britain Avenue ..... (860) 550-7500\*

#### Killingly

Generations Family Health Center  
54 Reynolds St. .... (860) 774-7501



**Meriden**

Community Health Center (CHC)  
134 State Street ..... (203) 237-2229\*

**Manchester**

Community Health Services  
150 North Main Street..... (860) 646-8117

**Middletown**

Community Health Center  
635 Main Street ..... (860) 347-6971

**New Britain**

Community Health Center  
85 Lafayette ..... (860) 224-3642\*

**New Haven**

Bella Vista  
339 Eastern Street ..... (203) 469-5331\*

Fair Haven Community Health Center  
371 Grand Avenue ..... (203) 777-7411\*

Hill Health Center  
400 Columbus Avenue ..... (203) 503-3000\*

Dixwell Health Center  
226 Dixwell Avenue ..... (203) 503-3420

Grant Street Partnership  
62 Grant Street ..... (203) 503-3350\*

Columbus House Shelter  
586 Ella T Grasso Boulevard ..... (203) 401-4400

State Street Health Services  
911 State Street 06511..... (203) 503-3530\*

**New London**

Community Health Center of New London  
1 Shaw's Cove ..... (860) 447-8304\*

**Norwalk**

Norwalk Community Health Center  
120 Connecticut Avenue..... (203) 899-1770\*

**Norwich**

Generations Family Health Center  
330 Washington Street – Suite 510..... (860) 885-1308

**Old Saybrook**

Community Health Center of Old Saybrook  
263 Main Street..... (860) 892-7042

**Stamford**

Stamford Community Health Center  
137 Henry Street ..... (203) 359-6990\*

Chester Addison Clinic  
245 Selleck Avenue ..... (203) 359-6990

**Stratford**

Stratford Community Health Center  
727 Honeyspot Road..... (203) 375-7242

**Vernon**

Vernon Community Health Services  
3 Prospect Street ..... (860) 896-1616\*

**Torrington**

Community Health and Wellness Center  
469 Migeon Avenue..... (860) 489-0931

**Waterbury**

Stay Well Health Center  
80 Phoenix Avenue ..... (203) 756-8021\*

Stay Well Health Center  
1302 South Main Street ..... (203) 597-9044

United Community & Family Services  
47 East Town Street ..... (860) 892-7042

**West Haven**

West Haven Health Center  
285 Main Street..... (203) 931-3750\*

**Willimantic**

Generations Family Health Center  
1315 Main Street ..... (860) 450-7471\*

**School-Based Health Centers (SBHCs)**

SBHCs are located within or on the grounds of schools. SBHCs are licensed out-patient facilities or hospital satellite clinics that offer primary preventive health and mental health and in some cases oral health services and health promotion/education/risk reduction activities for students in grades Pre-K through 12. They are staffed by teams of professionals who have special expertise in the health care of children and/or adolescents. Services include: routine checkups and health counseling; physical examinations; immunizations; referral and follow-up for specialty care; laboratory testing; reproductive health care; diagnosis and treatment of sexually transmitted diseases; prescriptions and dispensing of medications; nutrition counseling and weight management; treatment of acute injuries or illnesses: crisis intervention; individual, group and family counseling; and health promotion/education/ risk reduction activities. Services are aimed at, but not limited to, students who do not have access to a family doctor, or whose families have little or no health insurance. All students enrolled at the school serviced by the SBHC are eligible; however, parent consent is required. Contact numbers for Department of Public Health (DPH) funded SBHCs are listed below.

**Ansonia** ..... (203) 732-7230  
Ansonia High

**Bloomfield**..... (860) 289-8131 Ext.3408  
Metropolitan Learning Center Middle/High

**Branford** ..... (203) 315-3534  
Murphy Elementary  
Walsh Intermediate  
Branford High

**Bridgeport**..... (203) 375-7242  
Blackham Elementary ..... (203) 330-6000 Ext.4145  
Columbus Elementary  
Dunbar Elementary

JFK  
Read Elementary  
Roosevelt Elementary  
Marin Elementary  
Bassick High  
Central High  
Harding High

**Danbury** ..... (203) 797-4625  
Broadview Middle  
Rogers Park Middle  
Danbury High

**East Hartford** ..... (860) 622-5660  
Silver Lane Elementary  
East Hartford High  
East Hartford Middle

**Groton** ..... (860) 437-4555 Ext.322  
Chester Elementary  
Kolnaski Elementary  
West Side Middle  
Fitch Senior High  
Fitch Middle

**Hamden** ..... (203) 248-4528  
Hamden High

<b>Hartford</b> .....	(860) 695-8760
Fox Elementary	
Sanchez Elementary	
Weaver High	
Hartford Public High	
<b>Middletown</b> .....	(860)-347-6971 Ext.3720
Macdonough Elementary	
Keigwin Middle	
Wilson Middle	
<b>New Britain</b> .....	(860) 826-8845
Roosevelt Middle	
New Britain High	
<b>New Haven</b> .....	(203) 946-8969
Barnard Magnet	
Clinton Avenue	
Clemente Leadership Academy	
King/Robinson Magnet	
Mauro-Sheridan Magnet	
Lincoln-Bassett	
Troup Magnet Science Academy	
Truman	
Fair Haven	
Hillhouse High	
Wilbur Cross High	
<b>New London</b> .....	(860) 437-4555 Ext.322
Hale Elementary .....	(860) 347-6971 Ext.3720
Harbor Elementary	
Jennings Elementary	
Regional Multicultural Magnet	
Winthrop Elementary	
BD Jackson Middle	
New London High	
Inter-district School for Arts and Communication (ISSAC)	
<b>Norwalk</b> .....	(203) 849-1111
Briggs High	
McMahon High	
Norwalk High	
<b>Norwich</b> .....	(860) 437-4555 x322
Kelly Middle	
Teachers Middle	
Norwich Free Academy	
<b>Stamford</b> .....	(203) 977-5108
Dolan Middle/Toquam	
Rippowam/Academy of Information Technology and Engineering (AITE)	
Stamford High	
Westhill High	
<b>Stratford</b> .....	(203) 381-6922
Wooster Middle	
<b>Waterbury</b> .....	(203) 596-9503
Driggs Elementary	
<b>Waterford</b> .....	(860) 437-4555 Ext.322
Friendship School	
<b>Windham</b> .....	860) 465-2465
Windham High	
Windham Middle	

## Children, Youth, and Motherhood

### Healthy Start

The Healthy Start program provides access to Medicaid medical coverage to pregnant women and to children up to age 19 who live in households with incomes at or below 250% of the federal poverty level. When calculating the size of a family, a pregnant woman would be counted as two members of the household, and a woman expecting twins counted as three members. Resources other than income (e.g., savings accounts, insurance policies, cars) are not taken into consideration when determining eligibility. Eligible women receive continuous Medicaid coverage for up to 60 days after the pregnancy, regardless of any changes in financial situation. Children born to women on Healthy Start are eligible for Medicaid coverage for the first year of life, regardless of family income after the initial application and enrollment. **Medicaid/HUSKY** coverage includes a full complement of pregnancy-related benefits including: prenatal care; case-management services to high-risk pregnant women; labor and delivery; 60 days of postpartum care; dental and mental health services. Contact the **United Way of Connecticut 2-1-1**. **Phone:** (877)-CT-HUSKY

### Planned Parenthood of Southern New England (PPSNE)

PPSNE offers a wide range of reproductive health services for women and men of all ages. Services include all FDA-approved birth control methods (including emergency contraception); Pap tests and breast exams; testing and treatment for sexually transmitted infections; HIV counseling and testing; pregnancy testing and counseling; and vaccinations, including HPV and Hepatitis B. PPSNE also offers medication and surgical abortion services. Most centers provide colposcopy, cryosurgery and LEEP. A resource center in New Haven is open to the public by appointment. For a medical appointment, call one of the health centers listed below or **Toll-Free:** (800) 230-7526\* **Website:** [www.ppsne.org](http://www.ppsne.org)

<b>Bridgeport</b> .....	(203) 366-0664
<b>Danbury</b> .....	(203) 743-2446*
<b>Norwich</b> .....	(860) 889-5211
<b>Danielson</b> .....	(860) 774-0533
<b>Old Saybrook</b> .....	(860) 388-4459
<b>Enfield</b> .....	(860) 741-2197
<b>Shelton</b> .....	(203) 924-7756
<b>Hartford</b> .....	(860) 728-0203
<b>Stamford</b> .....	(203) 327-2722
<b>Manchester</b> .....	(860) 643-1607
<b>Torrington</b> .....	(860) 489-5500*
<b>Meriden</b> .....	(203) 238-0542
<b>Waterbury</b> .....	(203) 753-2119*
<b>New Haven</b> .....	(203) 503-0450*
<b>West Hartford</b> .....	(860) 953-6201
<b>New London</b> .....	(860) 443-5820
<b>Willimantic</b> .....	(860) 423-8428

*Programs that Help People in Connecticut*  
is available on-line at [cahs.org/publications](http://cahs.org/publications).

## Birthright

Birthright is an emergency pregnancy service for any female concerned by her pregnancy. Birthright provides free pregnancy tests, friendship counseling, practical support, community resource information and referrals to help her throughout her pregnancy and for as long as needed. All services are free and confidential. Referrals are provided for medical care, financial assistance, adoption information, legal aid, education counseling, job placement, and housing. For more information call the nearest office or the **National Hotline: (800) 550-4900**

<b>Ansonia</b> .....	(203) 734-6545
<b>Clinton</b> .....	(860) 664-9466
<b>Newington</b> .....	(860) 665-0234
<b>Danbury</b> .....	(203) 744-3737
<b>New London</b> .....	(860) 443-6205
<b>Norwalk</b> .....	(203) 853-4872
<b>East Hartford</b> .....	(860) 290-8800
<b>Stamford</b> .....	(203) 348-4355
<b>Hamden</b> .....	(203) 248-6550
<b>West Haven</b> .....	(203) 934-3105
<b>Meriden</b> .....	(203) 237-9887
<b>Willimantic</b> .....	(860) 456-9495

## Hopeline Pregnancy Resource Center

Hopeline offers free, confidential pregnancy tests and ultrasounds whether a woman chooses to keep her child, chooses adoption, or chooses abortion. Hopeline provides decision-making counseling for those in unplanned pregnancies; emotional and spiritual support during and after pregnancy; assistance with resources; baby supplies; referrals; and information to make an informed choice. Help is also offered in post-abortion support groups, relationship counseling, and abstinence counseling. Offices are located in Bridgeport, Danbury, and Shelton. **Toll-Free: (800) 203-4673 Website: [www.hopelineprc.org](http://www.hopelineprc.org)\***

## CT Birth to Three System

Connecticut Birth to Three System offers a statewide early intervention system for infants and toddlers with disabilities and significant developmental delays. Eligible children from birth to 36 months of age, have access to a range of services and supports, such as home visits by trained early childhood staff from a variety of professions; service coordination, evaluation, and parent support. There is a monthly fee schedule for families whose incomes are \$45,000 or more, based on income and family size. **Child Development Infoline: (800) 505-7000\***

## Connecticut Medical Home Initiative (CMHI)

CMHI promotes family-centered, community-based, culturally competent, coordinated care for children with, or at risk for, chronic and disabling conditions. CMHI offers care coordination, resource linkages to support groups, agencies and other helpful services, educational supports, and respite funding when available. Care Coordinators work with primary care providers (medical homes) to identify children and provide their families access to comprehensive coordinated care. Limited funding is available for approved medical goods and services including but not limited to: hearing aids, wheelchairs, prescription medicines, and special nutritional formulas for those who meet family income and insurance eligibility guidelines. For more information contact the nearest CMHI or **Child Development Infoline: (800) 505-7000\*** For information on respite and approved medical goods and services, contact CT Lifespan Respite Coalition **Toll-Free: (877) 737-1966\***

### Stamford

Stamford Health Systems..... (866) 239-3907

### New Haven

Coordinating Council for Children in Crisis..... (877) 624-2601

### Norwich

United Community & Family Services..... (866) 923-8237

### Hartford

Hispanic Health Council .....

### Waterbury

St. Mary's Children's Health Center .....

## Mental Health and Addiction

### Suicide Prevention and Intervention

Suicide prevention and intervention hotline operates 24 hours per day, 365 days per year, and links individuals in crisis with appropriate community resources. In addition, staff members train youth groups, schools, and community service providers in suicide prevention skills. 2-1-1 holds certification from the American Association of Suicidology. **Hotline: 2-1-1 or (800) 203-1234\***

### Alcohol and Drug Treatment

24/7 information and referral to drug and alcohol treatment and supportive recovery services can be accessed by dialing **2-1-1** or (800) 203-1234\*

### Mental Health Association of Connecticut

The Mental Health Association of Connecticut offers advocacy, educational programs and direct services that promote mental health, prevent mental illness, and improve care and treatment of persons with mental illness. Services include: programs for children and adults on mental health issues; referral to mental health services; a psychosocial rehabilitation center; supported employment; housing programs; specialized residential and employment services for people who are both deaf and mentally ill; and support groups. **Toll-Free: (800) 842-1501 Phone: (860) 529-1970 x10 Website: [www.mhact.org](http://www.mhact.org)**

### Emergency Mobile Psychiatric Services for Youth (EMPS)

The newly redesigned and enhanced EMPS is for children and youth from birth through age 18 and their family. Anyone, including parents, school personnel, behavioral health providers, youth, or anyone in contact with a child in crisis may call for assistance. The service is available 24 hours a day, and requires no out-of-pocket costs. EMPS provides a rapid crisis response and prevents unnecessary placement of young people with emotional or behavioral disturbances. EMPS is easily accessed statewide, by dialing **2-1-1** and choosing the menu option for crisis/EMPS response. A 2-1-1 crisis specialist will assist the caller and link them with a local provider available to travel to the home, school, or appropriate location. Additional information on EMPS is available on the DCF **Website: [ct.gov/dcf](http://ct.gov/dcf)**. Enter EMPS in the search field and then select the link labeled "DCF: Emergency Mobile Psychiatric Services."

**You can also reach United Way 2-1-1  
by dialing (800) 203-1234.**

## National Alliance on Mental Illness (NAMI)

NAMI is a volunteer organization of families, friends, and individuals living with serious mental illness. Its purpose is to provide support, education, and advocacy; keep individuals informed of services and resources available to them in or near their communities; develop public understanding of mental illness; and advocate for better services and treatment. **Toll-Free:** (800) 215-3021 **Phone:** (860) 882-0236\* **Website:** [www.namict.org](http://www.namict.org)

## Warm Lines

Warm Lines are staffed by people with psychiatric disabilities who offer phone support to their peers. These lines are not crisis lines and the hours of operation tend to be in the evening.

<b>Ansonia</b>	
Birmingham Group .....	(203) 732-2004
<b>Bridgeport</b>	
Soundview Warmline.....	(800) 921-0359
<b>Danbury</b>	
New Heights.....	(203) 830-0153
<b>East Hartford</b>	
Inter Community MHC.....	(860) 205-3706
<b>Hartford</b>	
Capitol Region MHC.....	(860) 297-0920
<b>Manchester</b>	
Reach Warmline.....	(866) 927-6225
<b>Middletown</b>	
River Valley Services.....	(800) 316-9145
<b>New Haven</b>	
Connecticut MHC.....	(800) 258-1528
<b>Norwich</b>	
Shareline.....	(860) 855-7274
<b>Stamford</b>	
Laurel House.....	(203) 363-7174
<b>Torrington</b>	
North West MH Authority.....	(860) 482-1783
<b>Waterbury</b>	
Greater Waterbury MH Authority.....	(800) 314-2680

## Nonprofit Counseling Services

The **Family Service Agencies** listed below are community-based resources for crisis and mental health counseling for troubled parents, couples, youth, and the elderly. **Child Guidance Clinics** provide diagnostic and crisis counseling services, behavioral management and psychiatric treatment to children – usually up to age 18 – and their parents. **Mental Health Centers** provide similar services to adults as well as children and youth.

<b>Statewide</b>	
Connecticut Association of Mental Health Clinics for Children ..	(860) 297-0583
<b>Ansonia</b>	
Birmingham Group .....	(203) 736-2601
Catholic Charities .....	(203) 735-7481
<b>Bridgeport</b>	
Catholic Charities .....	(203) 372-4301
Child Guidance Center .....	(203) 394-6529
FSW .....	(203) 368-4291
Jewish Family Services .....	(203) 366-5438
<b>Bristol</b>	
Catholic Charities* .....	(860) 589-8662
Wheeler Clinic .....	(860) 585 4300

<b>Colchester</b>	
United Community & Family Services.....	(860) 537-7676
<b>Danbury</b>	
Catholic Charities .....	(203) 743-4412
Child Guidance Center .....	(203) 748-5689
<b>Danielson</b>	
United Services* .....	(860) 774-2020
<b>Darien</b>	
Family Centers, Inc* .....	(203) 655-0547
<b>Derby</b>	
Parent Child Resource Center .....	(203) 954-0543
<b>Enfield</b>	
North Central Counseling Services .....	(860) 253-5020
<b>Essex</b>	
Child & Family Agency of SE CT.....	(860) 767-0147
Middlesex Hospital Shoreline Clinic.....	(860) 344-6560
<b>Fairfield</b>	
Child Guidance Center* .....	(203) 394-6529
<b>Greenwich</b>	
Child Guidance Center* .....	(203) 324-6127
Family Centers, Inc .....	(203) 869-4848
Jewish Family Services .....	(203) 622-1861
<b>Guilford</b>	
Guilford Youth and Family Services .....	(203) 453-8047
<b>Hamden</b>	
Family Services of Central CT.....	(203) 288-7484
Behavioral Health Services .....	(203) 288-6253
<b>Hartford Area</b>	
Dr. Isaiah Clark Family and Youth Clinic* .....	(860) 527 4224
Catholic Charities* .....	(860) 522-8241
Institute for the Hispanic Family* .....	(860) 246-9322
IHF Child Guidance Clinic* .....	(860) 524-8974
Institute of Living* .....	(860) 545-2966
Institute of Living Child Guidance Clinic .....	(860) 545-7239
Jewish Family Service of Greater Hartford.....	(860) 236-1927
South End Community Services* .....	(860) 524-8660
The Village for Families & Children* .....	(860) 236-4511
Wheeler Clinic .....	(888) 793-3500
<b>Lakeville</b>	
NW Center for Family Services.....	(860) 435-2529
<b>Manchester</b>	
Community Child Guidance Clinic.....	(860) 643-2101
<b>Meriden</b>	
Catholic Charities* .....	(203) 235-2507
Child Guidance Clinic Central Connecticut* .....	(203) 235-5767
<b>Middletown</b>	
CHC Child Guidance Clinic* .....	(860) 347-6971
Outpatient Mental Health Clinic of Middlesex Hospital.....	(860) 358-8760
<b>Milford</b>	
Catholic Charities* .....	(203) 874-6270
<b>New Britain</b>	
Catholic Charities* .....	(860) 225-3561
Child Guidance Clinic of CMHA* .....	(860) 223-2778
Family Services of Central CT.....	(860) 223-9291
<b>New Haven</b>	
Catholic Charities* .....	(203) 787-2207
Clifford Beers Guidance Clinic* .....	(203) 772-1270
Connecticut Mental Health Center* .....	(203) 974 5800
Hill Health Center Child Guidance* .....	(203) 503-3055
Jewish Family Service of New Haven .....	(203) 389-5599
Yale University Child Study Center* .....	(203) 785-2513
<b>New London</b>	
Child and Family Agency of SE CT* .....	(860) 443-2896
Child Guidance Clinic of SE CT* .....	(860) 437-4550
United Community & Family Services* .....	(860) 442-4319



**Newtown**

Family Counseling Center.....(203) 426-8103

**Niantic**

Family Service Association\*.....(860) 442-4319

**Norwalk**

Catholic Charities\*.....(203) 750-9711

Family and Children's Agency Inc.\*.....(203) 855-8765

Mid-Fairfield Child Guidance Center.....(203) 299-1315\*

**Norwich**

United Community and Family Services.....(860) 892-7042\*

**Old Saybrook**

Youth and Family Services.....(860) 395-3190\*

**Orange**

Orange Family Counseling.....(203) 795-6698

**Plainville**

Wheeler Clinic.....(860) 793-3500\*

**Shelton**

Catholic Charities.....(203) 416-4100\*

Lower Naugatuck Valley Parent-Child Resource Center.....(203) 954-0543

**Stamford**

Catholic Charities.....(203) 323-1105\*

Child Guidance Center of SE CT.....(203) 324-6127

Family Centers, Inc.....(203) 324-3167\*

Jewish Family Services.....(203) 921-4161

**Stratford**

Child Guidance Center of Greater Bridgeport.....(203) 378-1654

**Terryville**

Family Services of Central CT.....(860) 489-3391

**Torrington**

Catholic Charities.....(860) 482-5558

Charlotte Hungerford Child Guidance Clinic.....(860) 489-3391

NW Center for Family Services &amp; Mental Health.....(860) 435-2529

**Uncasville**

Bishop Flanagan Ministry Center.....(860) 848-2237

**Vernon**

Hockanum Valley Community Council.....(860) 872-9825

**Waterbury**

Child Guidance Clinic of Waterbury\*.....(203) 756-7287

Family Services of Greater Waterbury\*.....(203) 756-8317

**West Hartford**

The Bridge Family Center\*.....(860) 521-8035

Jewish Family Services of Greater Hartford.....(860) 236-1927

**West Haven**

West Haven Memorial Health Clinic.....(203) 974-5900

**Westport**

Jewish Family Services.....(203) 454-4992

**Wilton**

Family and Children's Agency, Inc.....(203) 855-8765

**Winsted**

NW Center for Family Services &amp; Mental Health.....(860) 379-3337

**CT Department of Mental Health and Addiction Services (DMHAS)**

DMHAS serves anyone 18 years or older who lacks resources to pay for mental health or addiction treatment services. Community psychiatric support services are designed to enable adults with psychiatric disabilities to live successfully in the community. Support is offered through residential treatment, employment, social rehabilitation, and case management to enhance community living skills and to prevent and address problems that can exacerbate symptoms of mental illnesses. Individuals seeking referral for treatment services should call United Way of Connecticut 2-1-1. Non-emergency customer assistance can be accessed through **Toll-Free:**

(800) 446-7348.\* For general information on mental health and recovery contact the Connecticut Clearinghouse. **Toll-Free:** (800) 232-4424 **TDD:** (860) 418-6707 **Website:** [www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**Morris Foundation, Inc.**

Morris Foundation is a behavioral health agency for individuals who wish to maintain recovery from addiction and mental health disorders. Services are provided in Waterbury and the Lower Naugatuck Valley by a professionally trained, multi-cultural staff. Services include: residential facilities; women and children's programs; adolescent treatment; school-based prevention; employee assistance programs; gambling treatment; case management; intensive outpatient for adults and adolescents; outpatient mental health and support services; evaluation; referral; individual counseling; family and group counseling; advanced recovery; early intervention; and other behavioral-health related services. **Toll-Free:** (800) 721-1230 **Phone:** (203) 755-1143 **Website:** [www.morris4change.org](http://www.morris4change.org)\*

**The Wellspring Foundation**

The Wellspring Foundation is a multi-service mental health agency that provides intensive residential treatment for children ages 5-12, adolescent girls ages 13-18, and adults; extensive outpatient services; and a therapeutic state-approved special education school. The highly structured but intimate programs are designed to treat persons with a wide range of behavioral problems, including affective, personality, attachment, eating, and traumatic stress disorders. Wellspring is appropriate for dually diagnosed clients no longer in the active phase of substance abuse addiction. Wellspring's professional staff includes licensed staff psychiatrists, general medical physicians, doctors of psychology, psychotherapists, licensed clinical social workers, registered nurses, licensed practical nurses, residential counselors, therapists, a consultant registered dietician, pharmacist, dentist, and other consulting clinicians. Address: 21 Arch Bridge Road, Bethlehem, CT 06751 **Phone:** (203) 266-8000 **Website:** [www.wellspring.org](http://www.wellspring.org)

**Salvation Army Adult Rehabilitation Center**

This is a nine-month Christian residential rehabilitation program for men between the ages of 18 and 65 who are dealing with life issues such as drug and/or alcohol abuse and are looking to change their lives. **Address:** 1313 Connecticut Avenue, Bridgeport, CT 06607. **Phone:** (203) 367-8621 ext. 304\*

**Advocacy Unlimited, Inc. (AU)**

Advocacy Unlimited, Inc. (AU) is a statewide nonprofit organization in Connecticut that helps countless persons with or in recovery from psychiatric disabilities or co-occurring disorders and their families. A comprehensive education course, taught in both English and Spanish, provides extensive training in self, systems, and legislative advocacy skills. AU also provides a 60-hour advanced training and certification program for Recovery Support Specialists through its Recovery University program. Funded by the CT Department of Mental Health and Addiction Services, Recovery University is the only state-sanctioned Recovery Support Specialist certification program in Connecticut. In addition, AU offers information, support, and resources pertaining to mental health and the stigma surrounding mental illness. **Toll-Free:** (800) 573-6929\* **Website:** [www.mindlink.org](http://www.mindlink.org)



## CT Counseling Centers

Connecticut Counseling Centers operate three sites that provide a full range of licensed outpatient substance abuse and mental health prevention, education and treatment services to assist adults in becoming productive members of society. Centers are accredited and provide methadone maintenance, ambulatory opioid taper, outpatient mental health and addiction services, and intensive outpatient treatment programs. Integrated co-occurring treatment services are available for all levels of care. Centers also provide HIV, Tuberculosis, and Hepatitis A-C testing and counseling.

**Corporate Phone:** (203) 743-4698 **Website:** [ctcounseling.org](http://ctcounseling.org)

20 North Main Street, Norwalk Clinic ..... (203) 838-6508

4 Midland Road, Waterbury Clinic ..... (203) 755-8874\*

60 Beaver Brook Road, Danbury Clinic ..... (203) 743-7574\*

## Community Substance Abuse Centers (CSAC)

CSAC is a private outpatient program that provides treatment for those who abuse drugs and alcohol. CSAC specializes in addiction to narcotics and provides outpatient medical withdrawal treatment for opioid users. Patients who are pregnant or have medical complications such as AIDS are given priority admission. **Address:** 55 Fishfry Street, Hartford, CT **Phone:** (860) 247-8300\*

## APT Foundation

The APT Foundation provides services to individuals with substance use and mental health disorders. Headquartered in New Haven, APT offers a full range of treatment options, including methadone and other medication-based treatments, outpatient counseling, group counseling, residential treatment, primary health care, psychiatric care, and vocational services. Additionally, APT offers specialized programs for women, mothers, and individuals living with HIV/AIDS. **Address:** 1 Long Wharf Drive, Suite 10, New Haven, CT 06511 **Phone:** (203) 781-4357\* **Website:** [www.aptfoundation.org](http://www.aptfoundation.org)

## Psychiatric and Emergency Management

For individuals experiencing a psychiatric crisis, help is available throughout the state at crisis intervention centers that provide immediate assessment and treatment and then link individuals to appropriate continuing treatment and support services. Crisis phone lines, on-site crisis intervention staff, and crisis and respite beds are available at the following locations:

**Ansonia** Valley Mental Health Center ..... (203) 736-2601 Ext.370

**Branford** Clinical/Outpatient Harbor Health ..... (203) 483-2630

**Bridgeport** Community Mental Health Center..... (203) 551-7507 or (203) 551-7512

**Columbia** United Services..... (860) 228-4480

**Danbury** Danbury Hospital ..... (888) 447-3339

**Dayville** United Services ..... (860) 774-2020

**East Hartford** Emergency Services ..... (860) 895-3100

**Enfield** North Central Counseling Services ..... (860) 683-8068 or (877) 884-3571

**Hartford** Capitol Region Mental Health Center ..... (860) 297-0999

**Manchester** Genesis Center ..... (877) 884-3571 or (860) 683-8068

**Meriden** Rushford Center..... (800)-567-0902 or (203) 630-5305

**Middletown** River Valley Services..... (860) 344-2100 or (860) 262-5200

**New Haven** Connecticut Mental Health Center..... (203) 974-7735

**Norwich** Southeastern Mental Health Authority ..... (860) 886-9302

**Plainville** Wheeler Clinic Helpline ..... (860) 747-3434\*

**Stamford** F.S. DuBois Center\* ..... (203) 358-8500

**Torrington** Northwest Mental Health Authority ..... (888) 447-3339

**Waterbury** Waterbury Hospital ..... (203) 573-6500

**Wauregan** United Services..... (860) 774-2020

**Willimantic** United Services ..... (860) 456-2261

**Windsor** Crisis Stabilization Services.. (877) 884-3571 or (860) 683-8068

## The Consultation Center

The Consultation Center is a prevention and health promotion center, with a life span focus, with direct service programs. **Adolescent Program** provides training, technical assistance, consultation and program development to youth-serving organizations and youth workers which includes the Youth Development Training and Resource Center (YDTRC): **Comprehensive Workplace Wellness Consulting and Program Services** - helps corporations and private nonprofits develop, implement and evaluate a workplace wellness program targeting obesity prevention, increased fitness, tobacco cessation, and behavioral health outcomes: **Professional Development and Consumer Training and Education Programs** provides a wide array of topics tailored to the client's needs: **The Connecticut Self-Help Network** publishes and maintains a directory of over 1,500 self-help support groups statewide, refers callers to issue-specific groups near their location, and provides training and technical assistance for group facilitators interested in starting and maintaining self-help groups (**Phone:** 203-624-6982): **Caregiver Coaching and Educational Programs** supports family members involved in a planning process with their aging family member: **Grandparents Raising Grandchildren** provides a support group for kin caregivers, referrals to programs and resources for both children and their caregivers, respite programs for grandparent caregivers, and a newsletter, *GrandNews*: **Family Education and Support Program (FESP)** a therapeutic, psychoeducational child care program for preschoolers with services provided to both parents and children, including family assessment, parent support group, and referrals to community resources: **Program and Service System Evaluation** provides evaluation consultation, and technical assistance to community-based organizations, collaboratives and state departments. **Phone:** (203) 789-7645\* **Website:** [www.theconsultationcenter.org](http://www.theconsultationcenter.org)

## Chemical Abuse Services Agency, Inc. (CASA)

CASA offers culturally relevant treatment services to individuals struggling with drug and alcohol issues. The main focus is to serve Latinos and people of African origin. **Casa Hostos** of Bridgeport focuses on clients whose primary language is Spanish. Residential and outpatient services are available. Counselors provide treatment services completely in Spanish. **Phone:** (203) 339-4112. **Project Courage** in Bridgeport offers outpatient services and works primarily with pregnant and/or parenting women. Child care services are available while the mother is in treatment. **Phone:** (203) 339-4777 **Multicultural Ambulatory Addiction Services (MAAS)** in New Haven is a substance abuse outpatient treatment center offering ambulatory detoxification, medication assisted treatment and drug-free treatment. Special groups are offered for women, men, and Spanish-speakers. **Phone:** (203) 495-7710\*

## Alcoholics Anonymous (AA)

AA is a fellowship of men and women who have found a solution to their drinking problem. The only requirement for membership is a desire to stop drinking. There are no dues or fees; AA is supported by voluntary contributions of its members, neither seeking nor accepting outside funding. Members observe personal anonymity outside of the fellowship group. There are approximately 3,000 AA meetings held each week in Connecticut. **Toll-Free:** (866) 783-7712 **Website:** [www.PI@ct-aa.org](http://www.PI@ct-aa.org)

## Narcotics Anonymous

Narcotics Anonymous is a 12-step self-help program for recovering addicts, based on the belief of one addict helping another. The Connecticut Chapter serves nine areas within the state. For meeting schedules or information **Toll-Free Hotline:** (800) 627-3543\* **Website:** [www.ctna.org](http://www.ctna.org)

## AIDS

### LEEWAY

Leeway is a skilled nursing facility for people with AIDS offering short-term, long-term, chronic-care and relief from chronic pain services. It also provides supportive housing services. Address: 40 Albert Street, New Haven, CT 06511. **Phone:** (203) 865-0068\* or **Toll-Free:** (800) 406-1048 **Website:** [www.leeway.net](http://www.leeway.net)

### CT AIDS Drug Assistance Program (CADAP)

CADAP is a pharmaceutical assistance program that pays for medications approved by the U.S. Food and Drug Administration and other drugs that may prevent deterioration of the health of persons who have Human Immune-deficiency Virus (HIV) or Acquired Immune Deficiency Syndrome (AIDS). Additionally, the program may maintain existing medical insurance policies that provide a full range of HIV treatments and access to comprehensive primary care services. To be eligible, the person must be a Connecticut resident and be diagnosed by a licensed physician as having at least one of the following medical conditions: (1) HIV - Infection Only; (2) HIV - Positive Symptomatic; or (3) AIDS - defined by the Center for Disease Control. Total individual or family net monthly income must be at or below 400% of the current Federal Poverty Level. There is no asset limit. **Toll-Free:** (800) 233-2503

### Ryan White Service Providers

Service providers operating under the Ryan White Care Act provide medical case management, mental health, substance abuse, oral health, ambulatory/outpatient, emergency financial assistance, and other core medical and supportive services to eligible individuals infected with or affected by HIV disease.

AIDS Project Hartford (Transition into the community).....(860) 951-4833  
AIDS Legal Network for CT .....(860) 541-5027 / (888) 380-3646  
CT AIDS Education and Training Center.....(203) 737-2312  
Community Partners in Action.....(860) 527-1866  
Connecticut AIDS Resource Coalition.....(860) 761-6699  
CT AIDS Drug Assistance Program.....(800) 233-2503  
CT Department of Mental Health.....(860) 418-7000\*  
Community Health Centers Association of CT .....(860) 667-7820  
Health Care, Support Services  
and HIV Prevention Services .....(860) 509-8104

## AIDS Projects

AIDS Projects are direct-service, community-based organizations staffed largely by volunteers. Although AIDS Projects vary, services include outreach and education; hotlines in English and Spanish; financial support; transportation; group support; case management; meals-on-wheels; housing; and referrals to clergy, physicians, lawyers and volunteer "buddies." Group support for HIV-infected people, people with AIDS, and caregivers is provided at meetings facilitated by trained volunteers. Bereavement groups and youth groups are also available. For specific services offered, call the nearest AIDS Project listed below: **HIV/AIDS Hotline:** (800) 953-2371\* **Phone:** (860) 247-2437 **V/TDD** (860) 951-4791

### Danbury

AIDS Project of Greater Danbury .....(203) 778-AIDS (2437)

### Hartford

AIDS Project Hartford .....(860) 951-4833

### Manchester

Area Network on AIDS .....(860) 646-6260

### Middletown

AIDS Project of Middlesex County .....(860) 344-3482

### New Haven

AIDS Project New Haven .....(203) 624-0947

Interfaith Network .....(203) 624-4350

Hispanos Unidos Contra El SIDA.....(203) 781-0226

### New London

Alliance for Living .....(860) 447-0884

### Norwalk

Mid-Fairfield AIDS Project .....(203) 855-9535

### Southport

Evergreen Network.....(203) 254-0511

### Stamford

Stamford CARES .....(203) 977-5096

### Torrington

Northwestern CT AIDS Project.....(800) 381-AIDS

### Windham

Windham AIDS Program .....(860) 423-4534

## AIDS Testing Sites

The following local health departments and health care facilities offer free or low-cost testing for HIV infection. Testing at the sites is done on a strict confidential basis.

### Bridgeport

Bridgeport Community Health Center .....(203) 333-6864

Bridgeport Health Department .....(203) 576-7679

Bridgeport Hospital.....(203) 384-3355

Greater Bridgeport Adolescent Pregnancy Program (GBAPP). (203) 384-3629

Kinsella Treatment Center.....(203) 335-2173

Park City Primary Care.....(203) 579-5350

Planned Parenthood of Bridgeport.....(203) 366-0664

Southwest Community Health Center .....(203) 576-8368

### Bristol

Bristol-Burlington Health District .....(860) 584-7682

### Danbury

Danbury Health Department .....(203) 796-1613

AIDS Project Greater Danbury .....(203) 778-2437

Interfaith AIDS Ministry.....(203) 748-4077

### Danielson

Planned Parenthood of Danielson .....(860) 774-0533

### East Hartford

Town of East Hartford .....(860) 291-7295

### Enfield

Planned Parenthood of Enfield .....(860) 741-2197

**You can also reach United Way 2-1-1  
by dialing (800) 203-1234.**

**Fairfield**

Fairfield Health Department ..... (203) 256-3150

**Greenwich**

Greenwich Health Department ..... (203) 622-6460

**Hartford**

Asylum Hill Outpatient Clinic ..... (860) 714-4212

Burgdorf Health Center ..... (860) 714-4000

Central Connecticut AHEC ..... (860) 233-7561

Charter Oak Health Center ..... (860) 550-7500

Community Health Services ..... (860) 249-9625

Connecticut Children's Medical Center ..... (888) 322-0008

*(Teens Against Negligence)* Connecticut Positive Action Coalition

..... (860) 247-1990

Hartford Dispensary—Main Street ..... (860) 527-5100

Hartford Dispensary—Weston Street ..... (860) 527-5100

Hartford Gay &amp; Lesbian Health Collective ..... (860) 278-4163

Hartford Health Department ..... (860) 543-8822

Hartford Hospital AIDS Program ..... (860) 545-5398

Hispanic Health Council ..... (860) 527-0856

Latinos/as Contra SIDA ..... (860) 296-6400

Planned Parenthood of Hartford ..... (860) 953-6201

Saint Francis Hospital ..... (860) 714-4532

The Living Center (CRT) ..... (860) 247-1088

Urban League Greater Hartford ..... (860) 527-0147

**Manchester**

Manchester Area Network on AIDS ..... (860) 646-6260

Planned Parenthood of Manchester ..... (860) 643-1607

**Meriden**

Meriden Health Department ..... (203) 630-4176

Planned Parenthood of Meriden ..... (203) 238-0542

**Middletown**

AIDS Project Middlesex County ..... (860) 344-3482

Community Health Center ..... (860) 347-6971

Middletown Health Department ..... (860) 344-3474

Oasis Wellness Center ..... (860) 344-0551

**New Britain**

Human Resources Agency ..... (860) 826-4482

New Britain Health Department ..... (860) 224-2420

**New Haven**

AIDS Interfaith Network ..... (203) 624-4350

AIDS Interfaith Teen Line ..... (203) 777-HELP AIDS

Project New Haven ..... (203) 624-0947

APT Foundation ..... (203) 781-4640

Fair Haven Community Health Center ..... (203) 786-6556

Family Intervention Center ..... (203) 753-2153

Hill Health Center Columbus Avenue ..... (203) 776-9594

Dixwell Avenue ..... (203) 787-9055

New Haven Gay and Lesbian Community Center ..... (203) 946-6453

New Haven Health Department ..... (203) 946-7878

Planned Parenthood of New Haven ..... (203) 387-3131

Yale/New Haven Hospital ..... (203) 688-3184

**New London**

Hartford Dispensary—New London ..... (860) 886-0446

Lawrence Memorial Hospital ..... (860) 442-0711 x2056

New London Health Department ..... (860) 447-2437

Planned Parenthood of New London ..... (860) 443-5820

**Norwalk**

Connecticut Counseling Center ..... (203) 838-6508

Norwalk Health Department ..... (203) 854-7979

Planned Parenthood of South Norwalk ..... (203) 853-2605

**Norwich**

Hartford Dispensary—Norwich ..... (860) 886-0446

Planned Parenthood of Norwich ..... (860) 889-5211

William Backus Hospital ..... (860) 823-6343

**Old Saybrook**

Planned Parenthood of Old Saybrook ..... (860) 388-4459

Planned Parenthood of Shelton ..... (203) 924-7756

**Stamford**

Stamford CARES ..... (203) 977-5096

Stamford Health Department ..... (203) 977-4387

Shelter for Homeless ..... (203) 348-2792

**Torrington**

Northwestern CT AIDS Project ..... (860) 482-1596

Planned Parenthood of Torrington ..... (860) 489-5500

**Vernon**

Vernon Area Community Health Center ..... (860) 875-6199

**Waterbury**

Planned Parenthood of Waterbury ..... (203) 753-2119

Waterbury Health Department ..... (203) 574-6883

**West Hartford**

Planned Parenthood of West Hartford ..... (860) 953-6201

**Willimantic**

Hartford Dispensary—Willimantic ..... (860) 886-0446

Perceptions Program ..... (860) 450-7122

Planned Parenthood of Willimantic ..... (860) 423-8426

**Windham**

Regional Community Council ..... (860) 423-4447

**Other Statewide Aids Resources****United Way 2-1-1**

AIDS Ministries of CT/Salvation Army ..... (860) 543-8400

Catholic Charities ..... (860) 522-8241

CT AIDS Drug Assistance Program ..... (800) 842-1508

Pediatric AIDS Project ..... (203) 389-9203

*Specialized Health Services***Connecticut Association for Home Care & Hospice (CAHCH)**

CAHCH provides information about nonprofit and for-profit state-licensed home health care agencies, homemaker/home health aide agencies, homemaker/companion agencies, and hospice providers operating in Connecticut. Referrals are made to member agencies.

**Phone:** (203) 265-9931 **Website:** [www.cahch.org](http://www.cahch.org)

**Alzheimer's Association**

The Alzheimer's Association enhances the quality of life of all Connecticut residents affected by Alzheimer's disease and related disorders through advocacy, education, and support systems. A Helpline operates 24 hours a day, seven days a week, offering emotional support to callers and providing information about Alzheimer's disease, chapter services, and community resources. **Toll-Free:** (800) 356-5502 **Website:** [www.alzct.org](http://www.alzct.org)

**Tuberculosis (TB) Control Program**

TB Control helps to prevent transmission, death, disability, illness, emotional trauma, family disruption, and social stigma caused by this disease. TB is a potentially fatal disease transmitted through the air and is fully treatable and preventable. All CT state residents are eligible for TB services. By state law, no resident can be held liable for the costs of their care and treatment for TB. TB Control provides free anti-tuberculosis drugs to physicians who request them for their patients regardless of the patients' ability to pay. Local health departments, and home care agencies offer outreach services for observing ingestion of TB medications. There are a number of established TB clinics at hospitals and at some larger municipal health departments. For more information or literature about **TB Phone:** (860) 509-7722 **Website:** [www.ct.gov/DPH](http://www.ct.gov/DPH)

## Brain Injury Association of Connecticut (BIAC)

BIAC serves as a clearinghouse for brain injury information and referrals, and collaborates with organizations serving individuals with brain injuries. Other programs include case consultation, support groups, educational and recreational events, education, and legislative advocacy. **Phone:** (860) 721-8111 **Toll-Free:** (800) 278-8242 **Website:** [www.biacct.org](http://www.biacct.org)

## Poison Control

The Connecticut Poison Control Center is a Toll-Free statewide emergency helpline that is staffed 24 hours a day. Call for help if someone eats, breathes, or touches poison, or gets it in the eyes. Interpreters are available in all languages. **Toll-Free:** (800) 222-1222 **TDD:** (866) 218-5372 **Website:** [www.poisoncontrol.uchc.edu](http://www.poisoncontrol.uchc.edu)\*

## Lead Prevention and Treatment

The Connecticut Childhood Lead Poisoning Prevention and Control Program (CLPPCP), a division of the Department of Health (DPH), conducts statewide surveillance of children tested for lead poisoning. This includes the collection of demographic, medical, and environmental/dwelling data on children affected by lead poisoning. Staff evaluates the quality and appropriateness of existing risk reduction educational materials and develops additional materials and trainings for targeted audiences. **Phone:** (860) 509-7745\*

## CT Parkinson's Working Group (CPWG)

The Connecticut Parkinson's Work Group provides education and support, including group meetings, for those affected by Parkinson's disease and collaborates with the medical community to enhance treatment and research. **Address:** 132 Highwoods Drive, Guilford, CT 06437 **Phone:** (860) 572-9965 or (203) 453-2655

## Sexually Transmitted Disease (STD) Clinics

All residents of Connecticut are eligible for STD services at any of the clinics listed below. Some clinics offer free services. The Planned Parenthood Clinics base their fees on the patient's income. Each site provides confidential testing and treatment for most STDs including Syphilis, Gonorrhea, Chlamydia, Herpes, HIV, and vaginal infections. Patients may receive the vaccine series for Hepatitis A&B and the HPV vaccine is provided for those 26 and under. Confidential assistance is also available to those infected with STDs in telling their partners. Patients age 13 years and older may be seen at these clinics without parental consent. Hours at each site vary and it is best to call ahead. For more information, call STD Control Program, CT Department of Public Health at (860) 509-7920 or the **National CDC Info Line:** (800) CDC-INFO / (800) 232-4636. **Website:** [www.ct.gov/dph](http://www.ct.gov/dph)

<b>Bridgeport</b> .....	(203) 576-7468
<b>New Haven</b> .....	(203) 946-8181
<b>Danbury</b> .....	(203) 791-5050
<b>New London</b> .....	(860) 447-8304*
<b>Fairfield</b> .....	(203) 256-3020 / (203) 256-3150
<b>Norwalk</b> .....	(203) 854-7776
<b>Norwich</b> .....	(860) 823-6344
<b>Greenwich</b> .....	(203) 622-6496
<b>Stamford</b> .....	(203) 977-5933 / (203) 977-4399
<b>Hartford</b> .....	(860) 757-4830* / (860) 278-4163*
<b>Waterbury</b> .....	(203) 574-6880

<b>Manchester</b> .....	(860) 643-1607
<b>West Haven</b> .....	(203) 932-4000 / (203) 937-3660
<b>Meriden</b> .....	(203) 238-0542
<b>New Britain</b> .....	(860) 826-3464
<b>Willimantic</b> .....	(860) 423-8426*

## CT Breast and Cervical Cancer Early Detection Program (CBCCEDP)

CBCCEDP provides free screening and diagnostic services for uninsured and underinsured women ages 19-64. Administered by the Department of Public Health, CBCCEDP reduces breast and cervical cancer morbidity and mortality by diagnosing these cancers at earlier stages. Women are screened for eligibility; scheduled for an appointment, receive diagnostic testing, and receive treatment referral services as needed at any one of the following sites. **Phone:** (860) 509-7382

<b>Bridgeport</b>	
Planned Parenthood .....	(203) 332-1388*
<b>Danbury</b>	
Danbury Hospital .....	(203) 739-6533
<b>Hartford</b>	
Hartford Hospital .....	(860) 545-2193*
Saint Francis Hospital .....	(860) 714-2759*
<b>Middletown</b>	
Community Health Center .....	(860) 347-6971 ext.3313
<b>New Haven</b>	
Hospital of Saint Raphael .....	(203) 867-5436
Yale-New Haven Hospital .....	(203) 688-4562
<b>New London</b>	
Lawrence and Memorial Hospital .....	(860) 442-0711 Ext.2197
<b>Norwalk</b>	
Norwalk Hospital .....	(203) 852-2887*
<b>Shelton</b>	
Planned Parenthood .....	(203) 922-1744
<b>Torrington</b>	
Charlotte Hungerford Hospital .....	(860) 496-6513
<b>Vernon</b>	
Women's Center for Wellness .....	(860) 872-5368
<b>Waterbury</b>	
St. Mary's Hospital .....	(203) 709-3812
<b>Willimantic</b>	
Windham Community Hospital .....	(860) 456-6896*

## American Cancer Society, New England

The American Cancer Society, New England Division, is a statewide resource for cancer information, community referrals, guidance and services for patients, family members, and the general public. Access to cancer information is available 24 hours a day, 7 days a week. Local services include transportation to treatment, educational programs, camps for children with cancer; support groups for patients and their families, peer to patient visitation, and programs that address changes in appearance, such as hair loss from treatment effects. **Toll-Free:** (800)-227-2345\* **Website:** [www.cancer.org](http://www.cancer.org)



## CT Department of Public Health (DPH)

DPH offers patient supports and information on a variety of issues. The local Director of Health may also be able to provide information on these and other topics of concern.

Infectious Diseases .....	(860) 509-7995
Diabetes Prevention and Control Program .....	(860) 509-7737
Drinking Water Section.....	(860) 509-7333
Recreation (sewage/private wells/swimming pools).....	(860) 509-7296
Environmental Health.....	(860) 509-7740
Radon Program.....	(860) 509-7367
Immunization .....	(860) 509-7929
Injury Prevention .....	(860) 509-7805
Tobacco Use Prevention Program .....	(860) 509-7802

# Families and Children

## Child Care

### 2-1-1 Child Care

2-1-1 Child Care is a statewide child care resource and referral service staffed by early childhood specialists who access an up-to-date computerized database of licensed family day care homes, day care centers, and summer camps. Specialists inform individuals about child care options and openings near their home or workplace and can refer them to additional regional resource agencies. Dial **2-1-1** or (800) 505-1000\*

## CT Department of Children and Families (DCF)

DCF funds early childhood programs for families and preschool children who are at risk of abuse, neglect, and/or developmental delay.

**Norwich:** Madonna Place, 240 Main Street ..... (860) 886-6600\*

**Bridgeport:** Child First, 267 Grant Street.....(203) 384-3626

**Hartford:** Catholic Charities, 15 Newfield Avenue..... (860) 240-5667

## CT Department of Education (SDE)

SDE funds Head Start and School Readiness programs. Both programs vary in the length of day and how many months of the year they operate. Locations include community-based, faith-based, and public school facilities. Most programs charge a fee based on family size, income, and the number of hours in the program. Programs must be accredited by the National Association for the Education of Young Children, or approved by the federal Head Start Program. SDE also advocates for children with disabilities. Through a partnership with the State Education Resource Center (SERC), SDE provides technical assistance, training, and professional development for those serving young children with disabilities. Contact the local school district superintendent or the Bureau of Teaching and Learning in Hartford. **Phone:** (860) 713-6707\* **Website:** [www.state.ct.us/sde](http://www.state.ct.us/sde)

## CT Department of Social Services (DSS)

DSS funds several programs that provide direct service to low-income families in need of child care and to those who provide such services.

**Child Care Assistance Program:** The Care 4 Kids program provides child care financial assistance to eligible Temporary Family Assistance (TFA) recipients and low- to moderate- income working families to help them pay for child care. Care 4 Kids assists families with children up to age 13 (or 18 if the child has special needs). Care may be provided in licensed family day care homes, group day care homes, child day care centers, the child's own home, or a relative's home. Families may be required to pay a weekly fee in addition to the child care subsidy. **Toll-Free:** (888) 214-5437\*

**Child Care Centers:** DSS provides funding and technical assistance to more than 110 child day care centers run by municipalities and nonprofit organizations supporting almost 4,500 children. Families are charged fees on a sliding scale based on family size and income. For location of centers, call **United Way of Connecticut 2-1-1**



**Child Care Training:** DSS provides education and information to child care personnel through a quarterly newsletter, *All Children Considered*, which is coordinated by the Cooperative Extension System. Quality enhancement grants are also available to selected Connecticut School Readiness Councils. DSS funds the education of caregivers through the Training Program in Child Development. **Toll-Free:** (888) 793-3500 x4405; and supports a professional career development system for child care personnel through CT Charts-A-Course. **Toll-Free:** (800) 832-7784

**School-Age Child Care:** DSS provides funding and technical assistance to municipalities, Boards of Education, and nonprofit child care providers to encourage the use of school facilities,

Centro de la Comunidad \* .....(860) 442-4463  
**Norwich**  
 Madonna Place .....(860) 886-6600  
**Old Saybrook, Chester, Deep River, Essex, Lyme, and Old Lyme**  
 Youth and Family Services .....(860) 395-3190  
**Torrington, Goshen, Morris, Warren, and Winchester**  
 McCall Foundation .....(860) 496-2139  
**Waterbury, Beacon Falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Thomaston, Watertown, Wolcott, and Woodbury**  
 Waterbury Youth Services ..... (203) 573-0264\*  
**Windsor**  
 Milo W. Peck Child Development Center .....(860) 285-1400

## Support Services

### John S. Martinez Fatherhood Initiative

State-certified fatherhood programs have been established to increase fathers' ability to meet the financial, emotional, medical, social, and educational needs of their children. Services available at fatherhood program sites may include parenting education, workforce development, job readiness, placement and retention services, healthy relationship development classes, early identification and paternity establishment services, court readiness services, support groups, and individual counseling services. Contact a certified Fatherhood Program listed below or the Department of Social Services. **Toll-Free:** (866) 628-3237\*  
**Website:** [www.fatherhoodinitiative.state.ct.us](http://www.fatherhoodinitiative.state.ct.us)

Families In Crisis  
 60 Popieluszko Court, Second Floor, Hartford .....(860) 727-5800  
 Family Strides, Inc.  
 350 Main Street, Suite D, Torrington ..... (860) 482-3236\*  
 New Opportunities  
 232 North Elm Street, Waterbury ..... (203) 575-9799\*  
 Madonna Place  
 240 Main Street, Norwich ..... (860) 886-6600 Ext.137\*  
 Career Resources  
 350 Fairfield Avenue, Bridgeport ..... (203) 953-3256\*  
 New Haven Family Alliance  
 370 James Street, New Haven ..... (203) 786-5970\*

### Parent Support Centers

Parent Support Centers typically offer parenting classes, support groups, book and toy lending libraries, drop-in programs, newsletters, and special family events for parents and their children. These services, many free of charge, are available to all parents residing in towns served by the Centers. For specific program services, contact a local Center.

**Canton**  
 Canton Parents As Teachers .....(860) 693-7765  
**Danielson/Willimantic**  
 United Services ..... (860) 774-2020\*  
**Manchester, Andover, Bolton, Coventry, East Hartford, East Windsor, Ellington, Glastonbury, Hebron, Marlborough, Stafford, and Vernon**  
 Manchester Family Resource Center .....(860) 647-3330  
**Meriden/Wallingford**  
 Catholic Charities ..... (203) 235-2507\*  
**Middletown, Cromwell, Portland**  
 Community Health Center ..... (860) 347-6971  
**New Britain**  
 Human Resources Agency\* ..... (860) 225-8601  
**New London**

### Coordinating Council for Children in Crisis (CCCC)

CCCC addresses child abuse, neglect, and victimization across the life span through home visiting; parent education; family strengthening and advocacy activities; individual and group counseling; and safety planning for abused women. CCCC covers the 20 towns of the Greater New Haven area. Services are free. Address: 131 Dwight Street, New Haven, CT 06511 **Phone:** (203) 624-2600 **Website:** [www.ccccnh.org](http://www.ccccnh.org)

### Bureau of Child Support Enforcement

The Department of Social Services provides all families with child support enforcement services, at no charge, regardless of income level or public assistance status. Enforcement of child support is administered in Connecticut through the cooperative efforts of several state agencies, and also among all states and with many foreign countries. Services include: location of noncustodial parents; establishment of paternity through voluntary acknowledgment or court action; establishment or modification of child support obligations, voluntarily or through court order; establishment or modification of medical support obligations; enforcement of support obligations through income withholding, court action or other administrative enforcement remedies; and collection and disbursement of support payments. To apply for child support enforcement services, contact the Department of Social Services office nearest you listed in this book under Multi-service Agencies or contact the Child Support Information and Problem Resolution Unit. **Toll-Free:** (800) 228-5437\*

### Supervised Child Visitation

The following programs offer access to a secure and safe environment in which parents are allowed to visit with their children. The visitation occurs in the presence of a professional, who acts as a monitor.

**Ansonia**  
 Catholic Charities ..... (203) 735-7481  
**Bridgeport**  
 Child Guidance Center ..... (203) 394-6529 / (203) 540-9861  
**Cromwell**  
 The Children's Home Community Service, Inc. ....(860) 635-6010 x338  
**Danbury and Northwest Region**  
 Visitation Solutions, LLC ..... (203) 740-0091  
**Danielson, Willimantic- Eastern Region**  
 Access .....(860) 774-0418  
**Fairfield and New Haven Counties**  
 Family Counseling and Mediation Center ..... (203) 414-6477  
 Supervised Visitation Services of CT ..... (203) 708-9099 / (877) 968-9990  
**Hartford/New Britain**  
 Klingberg Family Centers .....(860) 243-4444 Ext.243

**Northwest Region**

Litchfield Visitation Services.....(860) 274-0046  
 Thomaston Counseling Center.....(860) 283-8224

**Norwich and Niantic**

Children's Rights Council ..... (860) 625-6570 / (860) 437-8010

**Statewide**

Kidsafe CT.....(860) 872-1918

**Vernon**

AMPS Inc.....(860) 870-8788

**Woodbridge**

Family Matters.....(203) 389-1630

**Youth Services Bureaus (YSB)**

YSBs are located throughout the state. These agencies are responsible for planning, coordinating and maintaining a network of community services for children, youth and their families. They provide or contract for direct services in the areas of juvenile justice, mental health services, youth development, community outreach, parent education, and child welfare services. Contact a local town hall, or contact the Connecticut Youth Services Association. **Address:** P.O. Box 551, Glastonbury, CT 06033 **Website:** [www.ctyouthservices.org](http://www.ctyouthservices.org)

**Youth in Crisis**

The Department of Children and Families, Child Guidance Clinics, Family Service Agencies, community-based youth shelters, and crisis intervention programs all provide counseling assistance to youth, and their families. Local Youth Service Bureaus offer peer counseling, employment-related services and in some instances, shelter services. For youth services, including crisis services, dial **2-1-1**. A nationwide hotline provides message relay services for runaways and their parents. The runaway must contact the service and his/her location is held confidential. **National Runaway Switchboard Toll-Free:** (800) 621-4000\*

**Child Abuse and Neglect**

The Department of Children and Families (DCF) is legally responsible for protecting children and youth from abuse, neglect, abandonment and exploitation. Services include family assessment, treatment planning, counseling, intensive family preservation, temporary emergency shelter, homemakers, parent aides, parenting classes, child care aid to unwed mothers, foster care, and adoption. Case Workers are on call 24 hours a day to intervene in a crisis and help families. Regional offices are listed below. For general information, referral to local services, or to report child abuse or neglect: **Toll-Free:** (800) 842-2288\* **TDD:** (800) 624-5518.

**Bridgeport:** 100 Fairfield Avenue..... (203) 384-5300\*

**Danbury:** 131 West Street.....(203) 207-5100

**Hartford:** 250 Hamilton Street..... (860) 418-8000\*

**Manchester:** 364 West Middle Turnpike..... (860) 533-3600\*

**Meriden:** One West Main Street..... (203) 238-8400\*

**Middletown:** 121 Main Street Extension..... (860) 638-2100\*

**Milford:** 38 Wellington Road..... (203) 306-5300\*

**New Britain:** 1 Grove Street..... (860) 832-5200\*

**New Haven:** One Long Wharf..... (203) 786-0500\*

**Norwalk:** 149 Water Street..... (203) 899-1400\*

**Norwich:** 2 Courthouse Square..... (860) 886-2641\*

**Stamford:** 401 Shippin Avenue..... (203) 348-4294\*

**Torrington:** 62 Commercial Boulevard..... (860) 496-5700\*

**Waterbury:** 395 West Main Street..... (203) 759-7000\*

**Willimantic:** 322 Main Street..... (860) 450-2000\*

**Danbury Regional Child Advocacy Center**

The Danbury Regional Child Advocacy Center programs include: parent mentoring, parent education and support, child protection teams, multi-disciplined investigation teams, and parent aide programs. The Center covers towns in Greater Danbury. Address: 268 Main Street, Danbury, CT 06810 **Phone:** (203) 748-4542\* **Website:** [www.danburychildadvocacy.org](http://www.danburychildadvocacy.org)

**Bureau of Foster and Adoption Services**

The Department of Children and Families (DCF) recruits, trains, licenses, and supports foster care families. Medical coverage and a monthly reimbursement cover the expenses of caring for a foster child. DCF also provides information to prospective adopting parents and parents considering releasing a child for adoption. Children awaiting adoption are listed with the Office of Foster and Adoption Services, which also offers services to parents and adult adoptees, including search and reunion information. Support groups and subsidies are available for parents adopting children with special needs. **Toll-Free:** (888) 543-4376- or 1-888- KID-HERO\*

**Casey Family Services**

Casey Family Services offers help in the care of foster children and support for children and families in the process of adoption. Foster care is provided for children who, for a variety of reasons, cannot live with their birth parents or extended family of origin, or be adopted. The program recruits, trains, and supports qualified foster families to provide a stable family experience for each foster child while maintaining, to the fullest extent possible, a connection with the child's birth family. The program seeks to help children reach the highest level of permanency. Post Adoption provides services to individuals and families who have adopted children and need treatment and support to strengthen and preserve the family. The program helps adoptive families understand the developmental process of adoption - including issues of bonding and attachment, grief/loss, birth family concerns, transitioning from foster care to adoption, and trans-racial or trans-cultural adoptions. The program provides counseling, training, technical assistance, family strengthening activities, school advocacy, and groups for adopted children and parents. **Headquarters:** 127 Church Street, New Haven, CT 06510 **Phone:** (203) 401-6900\* **Bridgeport:** (203) 372-3722\* **Toll-Free:** (800) 332-6991 **Hartford:** (860) 727-1030\* **Toll-Free:** (800) 732-6921

**Connecticut Coalition Against Domestic Violence (CCADV)**

CCADV is comprised of 18 member programs throughout the state. These programs provide services to victims of domestic violence. Services are confidential, and available to all individuals regardless of age, race, religion, sexual preference, class, or physical ability. CCADV offers safety planning, advocacy, information, referrals, counseling, support groups and emergency shelter. Call the toll free domestic violence hotline to link up to a program. **Phone:** (860) 282-7899 **Hotline:** (888) 774-2900 **Website:** [www.ctcadv.org](http://www.ctcadv.org)

**Sexual Assault Crisis Services (CONNSACS)**

CONNSACS works to end sexual violence through victim assistance, community education, and public policy advocacy. CONNSACS promotes public awareness, training, and technical assistance to groups that wish to learn more about sexual assault and rape prevention. **Phone:** (860) 282-9881 **Emergency Statewide Hotlines:** (888) 999-5545 (English) (888) 568-8332 (Español) **Website:** [www.connsacs.org](http://www.connsacs.org)

## The American Red Cross in Connecticut

The Red Cross helps Connecticut residents prevent, prepare for and respond to emergencies. The Red Cross serves every community in Connecticut with a variety of programs and services including health and life safety programs, disaster response, blood services, international tracing, and services for members of the armed forces and their families. There are volunteer opportunities at every office that can be tailored to any schedule or level of skill. To find a local office call **Toll-Free:** (877) 287-3327\* **Website:** [www.ctredcross.org](http://www.ctredcross.org)

## Community Solutions Inc. (CSI)

CSI works with individuals and families involved, or at risk of involvement, in the child welfare, juvenile justice, and criminal justice systems. CSI offers community-based programs statewide that include adult reentry and residential services as well as home-based and residential youth services. **Toll-Free:** (800) 425-3896 **Website:** [www.csi-online.org](http://www.csi-online.org)

## Family ReEntry

Family ReEntry provides behavioral health, mentoring, case management, and psycho-educational services for individuals and their families. Most clients are court-referred and are on probation, in pre-trial, prison, or post-incarceration. Family ReEntry's programs assist clients in becoming responsible partners, capable and skilled parents, and productive members of their communities. Services include domestic violence re-education, life skills training, substance abuse treatment, prisoner re-entry, mentoring, and case management. Programs are located in Bridgeport, Stamford and Norwalk. **Address:** 9 Mott Avenue, Suite 104, Norwalk, CT 06850 **Phone:** (203) 838-0496\* **Website:** [www.familyreentry.org](http://www.familyreentry.org)

## Families In Crisis, Inc.

Families In Crisis provides counseling and support services to offenders and their family members. Services are designed to assist with life changes, promote independence, and ensure healthy, supportive family relationships. Major areas of service include counseling, family visitation, parenting, domestic violence intervention, and prevention services. **Hartford:** (860) 727-5800 **New Haven:** (203) 498-7790 **Waterbury:** (203) 573-8656 **Website:** [www.familiesincrisis.org](http://www.familiesincrisis.org)

## Community Partners in Action (CPA)

CPA, formerly the Connecticut Prison Association, provides services to offenders, ex-offenders, juveniles, and persons who are at risk of incarceration. Services include alternative incarceration centers, mediation, employment services, juvenile programming, young offender programming, art in prison and other services designed to assist self-development. Programs are listed below. For other services & more information: **Phone:** (860) 566-2030 **Website:** [www.cpa-ct.org](http://www.cpa-ct.org)

Hartford Alternative Incarceration Center.....	(860) 525-6691*
Manchester Alternative Incarceration Center.....	(860) 649-8338*
Beyond Fear (HIV/AIDS peer education).....	(860) 293-3985*
Hartford Community Court/Community Service .....	(860) 756-7035
Prison Arts Program .....	(860) 722-9450 or (860) 566-2030
Prisoner Re-Entry Program .....	(860) 882-1397
Probation Transition Program and Technical Violation Unit...	(860) 244-3672*
Hartford Area Mediation Program .....	(860) 280-1184
Hartford Juvenile Secure Community Residential Program for Girls .....	(860) 244-0700*
Resettlement Program .....	(860) 522-7400
Work Release Program .....	(860) 543-8929
Young Offender Program.....	(860) 280-1185
SAGE Juvenile Secure Community Residential Program for Boys.....	(203) 848-1238
GRACE Juvenile Community Residential Program for Girls .....	(860) 241-6021*
BRAVE Juvenile Community Residential Program for Boys.....	(203) 848-1551*

## Paul and Lisa Program

The Paul and Lisa Program offers programs for children, teens, and adults, presentations around commercial sexual exploitation, human trafficking, and internet dangers. The program also explains the dangers of running away, the role of drugs in commercial exploitation, the profile of the child exploiter, and how to prevent child recruitment by the sex industry. **Address:** P.O. Box 348, Westbrook, CT 06498 **Phone:** (860) 767-7660 **Website:** [www.paulandlisa.org](http://www.paulandlisa.org)

**You can also reach United Way 2-1-1  
by dialing (800) 203-1234.**

# Multi-service Agencies

## CT Department of Social Services (DSS)

The mission of DSS is to serve families and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance, and independent living. DSS provides direct services through a network of regional offices and administers grants to municipalities and other nonprofit organizations. DSS provides social work services, individual and family counseling, assistance with parenting and home management, temporary foster placement of children during emergencies, emergency housing placement of families and individuals, assistance in location of permanent housing, and other family-related services to income-eligible clients. In addition DSS coordinates and funds a variety of services that enhance the quality of life for the state's elderly citizens. DSS directly administers the following services through its regional offices which are open Monday- Friday 8:30 a.m. - 4:30 p.m: Temporary Family Assistance (TFA); State-Administered General Assistance (SAGA); State Supplement for the Aged, Blind and Disabled (State Supplement); Refugee Assistance; Medicaid; SNAP; and Energy Assistance. Multilingual staff is available at all offices.\*

**Central Office:** 25 Sigourney Street, Hartford, CT 06106  
**Toll-Free:** (800) 842-1508\* / **TDD/TTY:** (800) 842-4524

**Hartford Regional Office:** ..... (860) 723-1000 / **TTY:** (860) 566-7913

**Manchester Sub-Office:** ..... (860) 647-1441 / **TTY:** (860) 647-5968

**New Britain Sub-Office:** ..... (860) 612-3400 / **TTY:** (860) 612-3569

**Willimantic Sub-Office:** ..... (860) 465-3500

**New Haven Regional Office:** ..... (203) 974-8000

**Middletown Regional Office:** ..... (860) 704-3100

**Norwich Regional Office:** ..... (860) 823-5000

**Bridgeport Regional Office:** ..... (203) 551-2700

**Stamford Regional Office:** ..... (203) 251-9300

**Waterbury Regional Office:** ..... (203) 597-4000

**Danbury Regional Office:** ..... (203) 207-8900

**Torrington Regional Office:** ..... (860) 496-6900

## The Village for Children & Families, Inc.

The Village for Families & Children, Inc. provides services that include: residential and outpatient behavioral health treatment for children; adoption, foster care and family preservation services; school- and community-based programs that promote education, positive youth development, asset building and self-sufficiency; outpatient, intensive outpatient, extended day and residential treatment for the medically fragile; assessment and support for children involved with the courts; school-based family resource centers; after school programs for middle and high school students; and Friends of the Family, a resource and referral agency for pregnant and parenting youth under 21. Services are provided at several agency sites throughout Greater Hartford, in schools and in community settings. **Phone:** (860) 236-4511\* **Website:** [www.villageforchildren.org](http://www.villageforchildren.org)

## The Hispanic Health Council (HHC)

The Hispanic Health Council provides bi-lingual and bi-cultural (Spanish-English) case management and support to Latinos and others who need assistance. Services include: breastfeeding peer counseling, diabetes case management, assistance to people struggling with substance abuse and HIV/AIDS, parenting support and child abuse prevention, pre-natal case management and support; nutrition education and assistance; migrant farm workers' health care, and cancer case management and support. **Address:** 175 Main Street, **Hartford Phone:** (860) 527-0856 **Website:** [www.hispanichealth.com](http://www.hispanichealth.com)

## Community Action Agencies

Community Action Agencies address the needs of low-income people by assisting them in obtaining skills and knowledge necessary for self-sufficiency and dignity. Agency programs include job training, education, child day care, energy assistance and weatherization, housing, criminal justice and pretrial intervention, community centers, mental health, food commodities, homeless services, retired senior volunteer programs, senior centers, and nutrition programs such as Meals-on-Wheels.

### Bridgeport ABCD

1070 Park Avenue ..... (203) 366-8241\*

Energy Assistance..... (203) 384-6904\*

### Bristol BCO

55 South Street ..... (860) 584-2725\*

Energy Assistance..... (860) 582-7490\*

### Danbury CACD

66 North Street.....(203) 744-4700

Energy Assistance.....(203) 748-5422

### Danielson Access

231 Broad Street .....(860) 774-0418

Energy Assistance.....(860) 774-0418

### Derby TEAM

30 Elizabeth Street.....(203) 736-5420

Energy Assistance.....(203) 736-5420

### Hartford CRT

555 Windsor Street ..... (860) 560-5600\*

Energy Assistance..... (860) 560-5730\*

### Jewett City TVCCA

One Sylvandale Road ..... (860) 889-1365

Energy Assistance (Norwich) ..... (860) 889-1365

### Meriden New Opportunities

74 Cambridge St..... (203) 235-0278\*

Energy Assistance..... (203) 235-0278\*

### Middletown CRT

44 Hamlin Street..... (860) 347-4465\*

Energy Assistance..... (860) 347-4465\*

### New Britain HRA

180 Clinton Street..... (860) 225-8601\*

Energy Assistance..... (860) 223-2288\*

### New Haven CAANH

781 Whalley Avenue..... (203) 387-7700\*

Energy Assistance..... (203) 387-7700\*

### New London TVCAA

83 Huntington Street ..... (860) 444-0006

Energy Assistance..... (860) 444-0006

### Norwalk NEON

98 South Main Street ..... (203) 899-2420\*

Energy Assistance..... (203) 899-2420\*

### Stamford CTE

34 Woodland Avenue ..... (203) 327-3260

Energy Assistance..... (203) 352-4842

### Waterbury New Opportunities

232 North Elm Street.....(203) 575-9799

Energy Assistance.....(203) 575-9799

### Willimantic Access

1315 Main Street ..... (860) 450-7449

Energy Assistance..... (860) 450-7400

*Programs that Help People in Connecticut*  
 is available on-line at [cahs.org/publications](http://cahs.org/publications).



## The Salvation Army

The Salvation Army's programs and services include: Family Shelters, The Right Place School Readiness Programs, Young Parents Program, Grandparent Support Groups, Adult Drug & Alcohol Rehabilitation Centers, Camp CONNRI – Youth Camp, CONNRI Lodge Retreat & Conference Center – Senior Summer Retreat, Homeless Prevention Programs, After School Programs, and Men's Lodge. Thrift stores, soup kitchens, feeding and nutrition programs, friendly visitors, food, and clothing banks and other services are available throughout Connecticut. To learn about specific services in a particular part of the State, contact a local Army center listed below, or the **Divisional Office**: 855 Asylum Avenue, Hartford **Phone**: (860) 702-0000 **Website**: [www.salvationarmyct.org](http://www.salvationarmyct.org)

### Program Locations:

<b>Ansonia</b>	
26 Lester Street.....	(203) 736-0707
<b>Bridgeport</b>	
30 Elm Street .....	(203) 334-0995
<b>Bristol</b>	
19 Stearns Street.....	(860) 583-4651
<b>Danbury</b>	
15 Foster Street .....	(203) 792-7505
<b>Hartford</b>	
225 Washington Street.....	(860) 543-8413
217 Washington Street.....	(860) 543-8413
100 Nelson Street.....	(860) 543-8419
855 Asylum Avenue.....	(860) 702-0000
<b>Manchester</b>	
661 Main Street.....	(860) 649-7787
<b>Meriden</b>	
23 St. Casimir Drive .....	(203) 235-6532
<b>Middletown</b>	
515 Main Street.....	(860) 347-7493
<b>New Britain</b>	
78 Franklin Square .....	(860) 225-8491
<b>New Haven</b>	
450 George Street.....	(203) 624-9891
<b>New London</b>	
11 Governor Winthrop Boulevard .....	(860) 443-6409
<b>Norwalk</b>	
14 Byington Place.....	(203) 866-2125
<b>Norwich</b>	
262 Main Street.....	(860) 889-2329
<b>Stamford</b>	
198 Selleck Street.....	(203) 359-2320
<b>Torrington</b>	
234 Oak Avenue.....	(860) 482-3569
<b>Waterbury</b>	
74 Central Avenue .....	(203) 754-7056
<b>Willimantic</b>	
316 Pleasant Street.....	(860) 423-0977
<b>Thrift Stores :</b>	
PICK-UPS ONLY <b>Toll-Free</b> : (800) 842-7356; 1-800-SATRUCK	
<b>Bloomfield</b>	
1051 Blue Hills Avenue.....	(860) 726-1979
<b>Bridgeport</b>	
1174 East Main Street .....	(203) 384-6934
<b>Bristol</b>	
1235 Farmington Avenue.....	(860) 314-2391
<b>Brooklyn</b>	
Brooklyn Commons (Route 6).....	(860) 779-1970

<b>Danbury</b>	
129 Main Street .....	(203) 792-9799
<b>Hamden</b>	
1359 Dixwell Avenue .....	(203) 230-2323
<b>Manchester</b>	
285 Broad Street.....	(860) 646-6216
<b>Mansfield</b>	
Route 195 Storrs Road.....	(860) 423-3318
<b>New Haven</b>	
274 Crown Street .....	(203) 776-2448
<b>New London</b>	
170 Bank Street.....	(860) 443-1116
<b>Rockville</b>	
166 Union Street.....	(860) 872-1434
<b>Torrington</b>	
57 Main Street.....	(860) 489-7170
<b>Wallingford</b>	
286 South Colony Road .....	(203) 269-3371
<b>West Hartford</b>	
160 Shield Street .....	(860) 953-6104

## New Life Corporation (NLC)

NLC serves under-employed and unemployed residents of New Haven, paying particular attention to the unique needs of Latino residents. Individuals are assisted in finding and obtaining jobs, building assets through promotion of the Earned Income Tax Credit (EITC) and free tax preparation, and managing money through financial education classes where residents are taught to fix credit problems and become more bankable. New Life is certified to issue Income Taxpayer Individual Tax Identification Numbers (ITIN), which allow non-documented workers to pay taxes on their income. In addition, NLC connects families to income supports by providing free EarnBenefit screenings. Address: 540 Ella T. Grasso Boulevard, New Haven, CT 06519 **Phone**: (203) 777-0313\* **Website**: [www.newlifecorp.org](http://www.newlifecorp.org)

## Wheeler Clinic

Wheeler Clinic provides outpatient and intensive mental health services, substance abuse treatment, special education, crisis intervention and counseling, foster care, early childhood development, child abuse prevention programs, judicial support services for adolescents and adults, and community education throughout Central Connecticut. A full continuum of mental health services is offered to children, adolescents, adults, and families by multicultural staff representing all major clinical disciplines. **Toll-Free**: (888) 793-3500 **Phone**: (860) 793-3500\* **Website**: [www.wheelerclinic.org](http://www.wheelerclinic.org)

## The Connection, Inc.

The Connection, Inc. offers an array of services in the areas of behavioral health, child and family welfare, community justice, housing; sexual abuse and trauma, and women's services throughout the state of Connecticut. **Phone**: (860) 343-5500 x2125 **Toll-Free**: (888) 824-1972 **Website**: [www.theconnectioninc.org](http://www.theconnectioninc.org)

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## Connecticut Association for Human Services (CAHS)

Community outreach workers disseminate information in cities and towns across the state to increase participation in several work support programs - including the Supplemental Nutrition Assistance Program (formerly food stamps), the Earned Income Tax Credit (EITC), LIHEAP, WIC and others through the EarnBenefits Online screening website. CAHS offers trainings for direct service providers and presentations for potentially-eligible clients through a variety of community settings. CAHS coordinates coalitions of free tax preparation sites, which link filers with the EITC and other opportunities to improve their financial situation. CAHS mobilizes public support for increased access to affordable, quality workforce supports, health care, and asset-building programs. Additionally, CAHS works with partner organizations in several Connecticut cities to promote awareness of and access to asset building services through free, volunteer-run classes under the banner of the Connecticut Money School. **Phone:** (860) 951-2212 **Websites:** [cahs.org](http://cahs.org), [ctmoney.org](http://ctmoney.org)

## Co-opportunity, Inc.

Co-opportunity's mission is to create neighborhood stability and economic prosperity by increasing the income, earnings, and wealth of low- and moderate-income individuals and families. Annually, Co-opportunity serves 6,000 individuals and families from Hartford and its surrounding suburbs. YouthBuild Hartford is an education and job training program for low-income Hartford young adults 18 to 24 years old interested in carpentry. Its HUD -approved Homeownership Center provides first-time homebuyers with information and support to complete a purchase. Volunteer Income Tax Assistance and Earned Income Tax Credit Outreach offers free tax preparation for low-income, working tax filers and connections to other financial services. Individual Development Accounts are matched savings accounts for income-eligible individuals who complete financial education and counseling and save regularly toward a specified asset (home, new business, education). Co-opportunity's award-winning Budget Coaching Program trains corporate volunteers and matches them with a low-income working family to help with family finances. The Financial Resource Center connects families to public benefits and other work supports, helps families secure a quality job with benefits, and offers financial education/counseling. **Address:** 20-28 Sargeant Street, Hartford, CT 06105 **Phone:** 860-236-3617 **Website:** [www.co-opportunity.org](http://www.co-opportunity.org).

## CT Council of Family Service Agencies (CCFSA)

CCFSA is a network of nonprofit family service agencies that deliver services from over 90 offices located throughout the state of Connecticut. Professional services are provided to low income, the middle class and the affluent in a variety of settings and across all social service disciplines. Member agencies are community-based, licensed by the State of CT, and nationally accredited. All sites are equipped to provide the following: Empowering People for Success, for families transitioning from welfare to self-sufficiency; Parenting Education, a structured curriculum to help divorcing couples continue to be effective parents; and Focus on K.I.D.S., a solution-focused program that helps high-conflict divorcing or divorced parents improve their communication and nurture their children more effectively. For locations and information on these and other programs call or visit the CCFSA on the web. **Phone:** (860) 571-0093 **Website:** [www.ctfsa.org](http://www.ctfsa.org)

# Special Populations

## Elderly

### Senior Centers

Senior Centers in Connecticut vary in scope and number of programs and services offered. Most municipalities have multi-purpose Senior Centers that provide counseling, health services, nutrition, education, recreational activities, transportation, wellness programs, volunteer opportunities, and other supportive services. Specific program information may be obtained by contacting the town's Senior Center, town hall, or by dialing **2-1-1**.

### Area Agencies on Aging

Area Agencies on Aging provide information and referral assistance on health insurance, community-based services, elder care, and training and education on aging issues. **State-wide Toll-Free:** (800) 994-9422 **New Haven:** (203) 785-8533 **Norwich:** (860) 887-3561 **Hartford:** (860) 724-6443 **Bridgeport:** (203) 333-9288 **Waterbury:** (203) 757-5449 **Website:** [www.ctagenciesonaging.org](http://www.ctagenciesonaging.org)

### Grocery Delivery Service

Administered by the Community Renewal Team (CRT), the Grocery Delivery Service is for homebound elderly residing primarily in Hartford, West Hartford, Wethersfield, Bloomfield, and Windsor. Deliveries are one day per week in each area and orders are placed at least one day in advance. Clients pay for groceries by cash or check upon receipt. Although there is no delivery fee, the clients are asked to make a donation each quarter to help defray the delivery cost. **Phone:** (860) 560-5828\* **Website:** [www.crtct.org](http://www.crtct.org)

### AARP

AARP is a nonprofit, non-partisan, membership organization for people age 50+. The organization provides consumer information and resources, engages in legislative, regulatory and legal advocacy; and assists members in serving their communities. AARP offers benefits, products, and services for its members, including the volunteer and community-based programs listed below. **Toll-Free:** 1-866-295-7279. **Website:** [www.aarp.org/ct](http://www.aarp.org/ct)

**Driver Safety** – available on-line or as an eight-hour classroom refresher course, the program covers normal changes in vision, hearing, and reaction time, and offers practical techniques to compensate for these changes. **Toll-Free:** (888) 227-7669

**Tax-Aide** - volunteers provide free tax preparation services to low and moderate income taxpayers, including electronic filing and on-line counseling. **Toll-Free:** (888) 227-7669

**Benefits Outreach** – volunteers help older people with low- or moderate-incomes find public and private benefit programs for which they may be eligible to help pay for prescription drugs, groceries, doctors, heating bills, property taxes, and more. To receive help in connecting with benefits, call AARP CT state office **Toll-Free:** (866) 295-7279 or check **Website:** [www.aarp.org/quicklink](http://www.aarp.org/quicklink)

**Money Management** – volunteers provide daily money management services to help older or disabled people who have difficulty budgeting, paying bills, and keeping track of financial matters. Contact the CT Institute for Communities, Inc. **Phone:** (203) 743-9760 x111

**Create The Good®** - Online resource where people and organizations can find meaningful volunteer activities, time flexible opportunities, post and share their own ideas and opportunities, and connect with others on a wide variety of areas of interest. **Website:** [www.CreateTheGood.org](http://www.CreateTheGood.org)

## CT Association of Adult Day Centers (CAADC)

Adult Day Health Centers offer programs in a group setting for older adults during the day. Services can include nursing care, personal care, nutrition, social services, rehabilitation services and recreation certified by the Department of Social Services and CAADC. **Phone:** (860) 828-8653\* **Website:** [www.canpfa.org](http://www.canpfa.org)

## MaturityWorks

MaturityWorks offers paid on-the-job training and job search assistance for people 55 and older. Participants must live in upper Fairfield, Litchfield, Middlesex or New Haven counties. **Bridgeport:** (203) 953-3256; **Waterbury/Danbury:** (203) 574-6971 x434

## Senior EyeCare Program (SEP)

Formerly known as the National Eye Care Project, SEP ensures that every senior has access to medical eye care. The program is designed for individuals age 65 and older who have not seen an ophthalmologist in three years or more, are not in a doctor-restricted health plan, or do not have VA benefits. Eligible seniors receive a comprehensive medical eye exam and treatment for any disease diagnosed at the time of the initial visit for up to one year at no out-of-pocket cost for the physician's services. Medicare and other insurance will be billed and accepted as payment in full. Uninsured will be seen at no cost. Eyeglasses, prescriptions, hospital services, and fees of other medical professionals are not covered. **Toll-Free:** (800) 222-3937. **Phone:** (877) 887-6327\* **Website:** [www.eyecareamerica.org](http://www.eyecareamerica.org)

## Connecticut Community Care, Inc. (CCCI)

CCCI identifies choices and provide services to help people of all ages, abilities, and incomes to live at home. CCI's specially trained nursing and social services care managers look at care management from every perspective, including: care giving, housekeeping, social, emotional, medical, and financial needs. **Toll-Free:** (866) 845-2224\* **Website:** [www.ctcommunitycare.org](http://www.ctcommunitycare.org)

## Compassion & Choices

Counselors and volunteers work one-on-one with terminally ill adult patients and their families to ensure that the patient's wishes for end-of-life care are documented and honored. Services include assistance in preparing advance health care directives (living wills), advocating on the patient's behalf for better pain and symptom management, and exploring end-of-life options including hospice, relief from chronic pain, withholding and withdrawal of treatment, stopping eating and drinking, and other legal alternatives. There is no fee for service. **National Toll-Free:** (800) 247-7421

## Connecticut Department of Developmental Services

**Connecticut Statewide Respite Care Program:** Provides respite services, information, and support for families caring for a person with Alzheimer's disease or related dementias. The person must have an income of \$41,000 or less and liquid assets of \$109,000 or less and is required to pay 20 percent of the cost of services. **Toll-Free:** (800) 994-9422 (Area Agencies on Aging) **Phone:** (860) 424-5279 (Department of Social Services)

**Connecticut Partnership for Long Term Care:** Enables residents to pay for future long-term care without impoverishing themselves. People can buy a pre-approved private long-term care insurance policy from a company that is participating in the Partnership and protect a specified amount of assets from Medicaid spend-down. **Toll-Free:** (800) 547-3443

**Home Sharing Programs:** Two programs provide individuals with an opportunity to "home share." Home-sharing is an arrangement between two parties in which one shares his or her home with another in exchange for a financial contribution to household expenses, services, companionship, or some combination. Home Share matches single adults (at least one must be over age 60) who are having difficulty maintaining their homes because of financial, social, or physical needs, with other adults who need decent, affordable housing and/or do not want to live alone. Potential matches are interviewed to identify those with complementary needs. References and background information are screened and checked. Area Agency on Aging staff introduces individuals found to be compatible, helps them develop a home-sharing agreement, offers follow-up counseling if a match is made, and/or refers persons to other appropriate services when necessary. Connecticut's programs are located in **New Haven:** (203) 785-8533\* and **Hartford:** (860) 724-6443\*

**Homecare:** This program enables older persons – 65 or older – at risk of institutionalization to receive the support they need to remain living at home. Available services include adult day health care, assisted living, care management, chore assistance, companionship, home delivered meals, emergency response, homemaker help, home health care, minor home modifications, personal care assistance, and visiting nurse. After an initial screening, individuals meeting both the financial and functional screening criteria are referred for an independent, comprehensive assessment. This assessment determines whether a community-based plan of care can be developed that is safe, cost-effective and meets the individual's needs. **Toll-Free:** (800) 445-5394\*

**Education:** Financial assistance – hostelships – are available to low-income individuals who wish to attend an Elderhostel program but cannot afford the cost. **Toll-Free:** (866) 218-6631 **Phone:** (860) 424-5643\*

**Employment:** The Senior Community Service Employment Program (SCSEP), also called Title V, provides subsidized employment training and job search assistance for low-income adults, aged 55 and older. The goal of the program is to assist older adults with transition to unsubsidized employment. **Toll-Free:** (866) 218-6631 **Phone:** (860) 424-5643\*

**Grandparents as Parents Support (GAPS):** This statewide network promotes the creation of services and support groups for grandparents and relatives raising children. **Toll-Free:** (866) 218-6631 **Phone:** (860) 424-5199

**Family Caregiver Support:** Provides information, assistance, support groups, counseling, training, respites and supplemental services to families caring for someone aged 60 and over and grandparents 55 and over raising children. **Toll-Free:** (800) 994-9422\* **Phone:** (860) 424-5199

*Programs that Help People in Connecticut  
is available on-line at [cahs.org/publications](http://cahs.org/publications).*

**Elderly Nutrition Program:** Provides nutritionally balanced meals to adults 60 years and older and their spouses. Meals are served at community cafés (congregate sites) or to the homebound or otherwise isolated at home. (Meals may also be provided to persons with disabilities living in housing facilities that have Senior Community cafés.) **Toll-Free:** (866) 218-6631

**CHOICES:** The Connecticut Health Insurance Assistance, Outreach, Information, Counseling and Eligibility Screening Program (CHOICES) offers free information, referrals, and assistance to elders through the Area Agencies on Aging. Trained staff and volunteer counselors assist with health insurance options including Medicare fee-for-service, managed care (Advantage), Medicare Part D prescription plans and the Low-Income Subsidy (LIS), Medicare Supplemental Insurance (Medigap), and Medicare Savings Programs for individuals with low-income. Sometimes a Benefits Checkup eligibility screening for federal and state programs is conducted. Specialists who are up-to-date on all benefit programs for the elderly direct people to the proper federal, state, or local agency for assistance. **In-State Toll-Free:** (800) 994-9422\* **Phone:** (860) 424-5862

**Senior Medicare Patrol (SMP)** project empowers beneficiaries to become better health care consumers by increasing their awareness of Medicare and Medicaid fraud and abuse, errors, scams, and other potential incidences of health care fraud. Utilizing the skills and expertise of retired professionals and other senior citizens, these volunteers assist consumers with identifying and reporting fraudulent practices in order to detect and reduce improper payments and prevent victimization of themselves and others. **In-State Toll-Free:** (800) 994-9422\* **Phone:** (860) 424-5293\*.

**Living Wills and Affidavits:** Forms to be used to ensure an individual's wishes in the case of terminal illness or permanent unconsciousness may be obtained in the Healthcare Planning Packet from the Center for Medicare Advocacy **Toll-Free:** (800) 262-4414\* or through DSS **Toll-Free:** (866) 218-6631

## Disabled

### CT Department of Developmental Services (DDS)

DDS is responsible for planning, development, and administration of services for persons with mental retardation and persons medically diagnosed as having Prader-Willi Syndrome. DDS delivers services through private agencies under contract with DDS. Services include residential placement, day programs, early intervention, family support, respite, and case management. Eligibility and referrals are available through the regional offices listed below. **Phone:** (860) 418-6000\* **Toll-Free:** (866) 737-0330 **TDD:** (860) 418-6079 **Website:** [www.ct.gov/dds](http://www.ct.gov/dds)

<b>North Region/East Hartford</b> .....	(860) 263-2500
Toll-Free.....	(800) 558-9527*
<b>Newington</b> .....	(860) 331-2100*
<b>Putnam</b> .....	(860) 630-4000*
<b>Willimantic</b> .....	(860) 456-6300*
<b>South Region/Wallingford</b> .....	(203) 294-5049*
Toll-Free.....	(888) 263-4445
After Hours Emergency.....	(800) 752-0005 PIN: 20433
TTD.....	(203) 294-4475
<b>New Haven</b> .....	(203) 974-4200*
<b>Norwich</b> .....	(860) 859-5400*
Toll-Free.....	(866) 584-3376
<b>Meriden</b> .....	(203) 514-3200*

<b>Mystic</b> .....	(860) 536-1805*
<b>West Region/Waterbury</b> .....	(203) 805-7400*
Toll-Free.....	(866) 274-3888
After Hours Emergency.....	(800) 347-2574 PIN:80848
<b>Cheshire</b> .....	(203) 806-8700*
<b>Danbury</b> .....	(203) 448-3500
<b>Stratford</b> .....	(203) 455-3100*
<b>Lower Fairfield County</b> .....	(203) 642-5000
<b>Northwest Center</b> .....	(860) 496-3000

### Bureau of Rehabilitation Services (BRS)

**Vocational Rehabilitation (VR)** is available for individuals, including youths transitioning out of high school, with significant physical and mental disabilities. They get help to prepare for, obtain, and maintain employment. Most VR services are free. **Phone:** (860) 424-4844\* **Toll-Free:** (800) 537-2549 **TTY:** (860) 424-4839

**Connect-Ability** connects employers to residents with disabilities who are seeking employment. The goal is to remove employment barriers and increase opportunities for employers, consumers, their families, and providers to improve perceptions and realities about the contributions people with disabilities can make in the work arena. **Toll-Free:** (866) 844-1903\* **Website:** [connect-ability.com](http://connect-ability.com)

**Connecticut Tech Act Project** provides access to assistive technology (AT) devices and services for work, home, school, or community participation. A low-interest loan is also available to help some consumers obtain AT and an online exchange for free or donated AT can be found at [getATstuff.com](http://getATstuff.com). **Phone:** (860) 424-4881 **Website:** [cttechact.com](http://cttechact.com)

**Work Incentives Planning and Assistance Program (WIPA)** Community Work Incentive Coordinators help consumers determine how working will impact their federal or state benefits. Through benefits counseling, consumers can better decide about work based on facts. **Toll-Free:** (800) 773-4636 **Website:** [connecttoworkcenter.state.ct.us](http://connecttoworkcenter.state.ct.us)

**Independent Living** supports community-based, consumer-controlled centers that assist persons with disabilities to live more independently. **Toll-Free:** (800) 537-2549 **Phone:** (860) 424-4878

**Disability Determination** works in cooperation with Social Security Administration (SSA) on claims under the Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs. **Toll-Free:** (800) 842-8320

**Regional BRS offices are listed below:**

<b>Hartford</b> .....	(860) 723-1400 / TTY (860) 723-1430
<b>Danielson</b> .....	(860) 412-7070
<b>Enfield</b> .....	(860) 741-2852*
<b>Manchester</b> .....	(860) 647-5960*
<b>New Britain</b> .....	(860) 612-3569*
<b>New Haven</b> .....	(203) 974-3000 / TTY (203) 974-3013
<b>Middletown</b> .....	(860) 704-3070*
<b>New London</b> .....	(860) 439-7686*
<b>Norwich</b> .....	(860) 859-5720*
<b>Bridgeport</b> .....	(203) 551-5500*
<b>Danbury</b> .....	(203) 207-8990*
<b>Stamford</b> .....	(203) 251-9430*
<b>Torrington</b> .....	(860) 496-6990*
<b>Waterbury</b> .....	(203) 578-4550*

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Planned Lifetime Assistance Network (PLAN) of Connecticut

PLAN assists families of all incomes in planning for the future of a family member with a disability and arranges continuity of care after the principal advocates/care-givers have died or are unable to continue their services. PLAN assists in setting set up and managing special needs trusts that help loved ones with a disability to maintain self sufficiency, prevent unnecessary hospitalizations, and enhance quality of life. PLAN trusts require no minimum funding and serves people with any disability. **Phone:** (860) 523-4951 **Website:** [www.planofct.org](http://www.planofct.org)

Kuhn Employment Opportunities

Kuhn Employment Opportunities supports individuals with developmental disabilities, mental illness, and physical disabilities to obtain employment so they can become valued members of the community, and more independent. Kuhn provides situational assessment, career planning, job development and placement services, on-the-job training, job coaching, school to work transition, and transportation services. Employment opportunities include individual job placement, work crews, work services, and community experience programs. Program services vary by location and funding sources. Call for additional information. **Meriden:** (203) 235-2583\* **Middletown:** (860) 347-8923. **Website:** [www.kuhngroup.org](http://www.kuhngroup.org)

Commission on the Deaf and Hearing Impaired (CDHI)

CDHI provides interpreting and counseling services for deaf and hard of hearing people as well as the hearing community who live and work with individuals with hearing loss. The counseling services include personal and family support. CDHI also provides information and referral services. **Toll-Free:** (800) 708-6796 **Phone:** (860) 231-8756 **TTY:** (860) 231-8169 **Voice/TTY:** (860) 231-1690 **After-hours Emergency Voice/TTY Interpreting Services:** (860) 231-7623 **Website:** [www.ct.gov/cdhi](http://www.ct.gov/cdhi)

Oak Hill

Oak Hill is the largest nonprofit private provider of services for people with disabilities in Connecticut, offering community-based education, housing, employment, assistive technology, early intervention, healthy relationships, recreation, and arts. Hundreds of people from birth to over 90 years of age are served directly by Oak Hill, and tens of thousands of connections are made annually through their assistive technology program. **Address:** 120 Holcomb Street, Hartford, CT 06112. **Phone:** (860) 242-2274 **TTY:** (860) 286-3113 **Website:** [www.ciboakhill.org](http://www.ciboakhill.org)\*

Goodwill Industries of Western CT, Inc.

Goodwill offers a wide range of services especially designed for people with disabilities or other special needs who are unemployed, underemployed, entering the work force for the first time, or making the transition as a student from a school to work environment. These services include: case management, individual and group-supported employment, work tryouts, vocational evaluation, and competitive job placement, and follow-up. Residential support and day programs are also available.

**Western CT** ..... (800) 423-9787\*  
**Hartford** ..... (860) 278-5890\*

Connecticut Library for the Blind and Physically Handicapped

The Connecticut State Library for the Blind and Physically Handicapped lends books and magazines in Braille and recorded formats, along with the necessary playback equipment. The service is free to any Connecticut adult or child who is unable to use regular printed materials due to a visual or physical disability. All materials are available by postage-free mail. Call or write to request application and certification procedures, or visit the website for program information and a printable application. **Address:** 198 West Street, Rocky Hill, CT 06067-3545 **Toll-Free:** (800) 842-4516 **Phone:** (860) 721-2020 **Website:** [www.cslib.org/lbph.htm](http://www.cslib.org/lbph.htm)

Converse Communications

Converse Communications supports people who are deaf, hearing impaired, or speech disabled. Services include text-telephone loan distribution, captel distribution, and closed captioning services. These services may be available at no cost as part of the Americans with Disabilities Act. **Address:** 34 Jerome Avenue, Suite 202, Bloomfield CT 06002. **Phone:** (860) 242-4974 **Website:** [www.conversecommunications.com](http://www.conversecommunications.com)

Easter Seals Capital Region & Eastern Connecticut

Easter Seals Capital Region & Eastern Connecticut provides comprehensive medical and vocational services to people with disabilities throughout Hartford, Tolland, Windham, New London, and eastern Middlesex Counties. Services include: medical rehabilitation, including physical, occupational, and speech therapies as well as neuropsychological services; Pathways Breast Cancer Rehabilitation Program; comprehensive traumatic brain injury rehabilitation; comprehensive stroke rehabilitation; Lymphedema treatment and management; vocational rehabilitation including job coaching, job seeking, and employment skills training programs; Individual and Group Supported Employment programs; school to work transition services; adult day programs and Senior Community Service Employment Program (SCSEP). Varying programs are available at four sites located in Windsor, East Hartford, Norwich and Chaplin. **Medical Services & Administration:** 100 Deerfield Road, Windsor, CT 06095; **Vocational Services:** 22 Prestige Park Circle, East Hartford, CT 06108; **Day Services:** 24 Stott Avenue, Norwich, CT 06360 and 174 Willimantic Road, Chaplin, CT 06235 **Phone:** 860-552-2002 **Website:** [www.hartford.easterseals.com](http://www.hartford.easterseals.com)

Ability Beyond Disability

Ability Beyond Disability is a resource for people with developmental disabilities, autism spectrum disorder, brain injury, mental illness, and physical disabilities that often accompany these ailments. The majority of individuals are adults or young adults and the services provided can address a single life episode or span a lifetime. The organization provides community living supports, individual home supports, employment resources, social and community integration supports, clinical supports, transportation services, aging specialties, behavioral and transitional living supports, school to community supports, and service coordination. **Toll-Free:** (888) 832-8247 **Website:** [www.abilitybeyonddisability.org](http://www.abilitybeyonddisability.org)\*

An asterisk (\*) near any entry signifies that a Spanish-speaking staff member is available.



## American School for the Deaf (ASD)

ASD offers students a full-range of education from pre-school to 12th grade, serving deaf and hard of hearing students ages 3 to 21, including those with additional disabilities. Alternative education for students with emotional-behavioral disorders is also available. ASD offers Birth-to-Three services through its Early Childhood Intervention, as well as employment training and support through Adult Vocational Services. Other special services include instruction in communication skills, cochlear implant support, counseling, occupational and physical therapy, "sister school" arrangements with local public schools, and other mainstream opportunities. Family education activities such as sign language classes, parent support groups, and family events are available. Requests for admission may be initiated by the prospective student's parents, guardians, local education agency, or a social service provider. Address: 139 North Main Street, West Hartford CT 06107 **Phone:** (860) 570-2300\* **TTY:** (860) 570-2222 **Website:** [www.asd-1817.org](http://www.asd-1817.org)

## Board of Education Services for the Blind (BESB)

BESB is the lead state agency for adults and children who are blind or visually impaired and is charged with helping them achieve and maintain their independence and self-sufficiency as fully contributing members of an integrated society. BESB provides certification of legal blindness; social work and referrals; low-vision evaluations and equipment; employment training; job placement, worker retention support, and adaptive equipment; school-to-career transition services to adolescents; financial and technical support to women and men who own or want to own their own business; independent travel instruction; and, training in activities of daily living. **Toll-Free:** (800)-842-4510\* **Voice/TDD:** (860) 602-4221 **Website:** [www.ct.gov/besb](http://www.ct.gov/besb)

## CT Association for Children and Adults with Learning Disabilities (CACLD)

CACLD is a regional, nonprofit organization providing information and support to benefit children and adults with learning disabilities and attention deficit disorders. CACLD offers a telephone HelpLine, newsletters, conferences, reprints, workshops, consultations, education, referrals, advocacy, and support for individuals, families, and professionals. Address: 25 Van Zant Street, Suite 15-5 East Norwalk, CT 06855. **Phone:** (203) 838-5010 **Website:** [www.cacld.org](http://www.cacld.org)

## Veterans

### CT Department of Veterans' Affairs

The Department of Veterans' Affairs was established to provide expanded, integrated, and coordinated services to Connecticut veterans and their families. The agency provides comprehensive assistance to veterans, their spouses, or eligible dependents in protecting their rights and privileges and obtaining the benefits to which they are entitled under federal, state, and local laws. Counsel is provided to veterans concerning educational training and retraining, health, medical and rehabilitation services, housing assistance, and benefits for veterans in nursing homes. The agency assists in the establishment, preparation, and presentation of claims to rights, benefits or privileges accrued to veterans. The Department of Veterans' Affairs maintains a staffed office in the towns listed below. **Commissioner Address:** 287 West Street, Rocky Hill, CT 06067 **Phone:** (860)616-3600 **VET INFO:** (866) 928-8387

**Rocky Hill:** 287 West Street Bldg. 7 ..... (860) 616-3687  
**Norwich:** 100 Broadway – City Hall Rm. 305 ..... (860) 887-9162  
**West Haven:** 487B Campbell Avenue ..... (203) 931-0460\*  
**Bridgeport:** 75 Middle Street ..... (203) 336-2570\*  
**Newington:** 555 Willard Avenue, 3rd floor..... (860) 594-6604  
**Waterbury:** 55 West Main Street # 140 ..... (203) 805-6340

### Veterans' Employment Training Service (VETS)

This agency helps veterans, reservists, and National Guard members in securing employment and benefits, including resolution of claims under the Uniformed Services Employment and Reemployment Rights Act, and fact-finding assistance to veterans who believe their veteran preference rights in federal employment have been violated. The agency also provides employment and training assistance through local governments and nonprofit agencies. Address: 200 Folly Brook Blvd., Wethersfield, CT 06109 **Phone:** (860) 263-6490 **Website:** [www.dol.gov/vets](http://www.dol.gov/vets)

### Soldiers', Sailors', and Marines' Fund

The Soldiers', Sailors', and Marines' Fund provides temporary assistance to wartime veterans or their dependents who are legal residents of Connecticut and who demonstrate need. Available assistance includes food, clothing, medical expenses, mortgage interest or rent, assistance in paying utility bills, or other temporary financial needs. The veteran must have served in the Armed Forces of the United States during a wartime period and have been honorably discharged. Applications may be filed through the American Legion Service Officer in the town in which the veteran resides, or at the offices listed below. To learn about additional non-wartime combat and combat support service, contact your local assistance office. **Phone:** (860) 296-0719 **Website:** [www.ct.gov/ssmf](http://www.ct.gov/ssmf)

**Bridgeport:** 350 Fairfield Avenue ..... (203) 331-8876  
**Hartford:** 999 Asylum Avenue, Suite 506 ..... (860) 566-2677  
**New Haven:** 746 Chapel Street..... (203) 789-7841\*  
**Norwich:** 100 Broadway, Room 307..... (860) 886-8557  
**Waterbury:** 55 West Main Street, Suite 150..... (203) 805-6350

## True Colors

True Colors works to create a world where youth, adults and families of all sexual orientations and gender identities are valued and affirmed as individuals. True Colors challenges all forms of oppression through education, training, advocacy, youth leadership development, mentoring and direct services to youth and those responsible for their well-being.

**Phone:** (888) 565-5551 **Website:** [www.ourTrueColors.org](http://www.ourTrueColors.org)

## Foreign Born

### International Institute of Connecticut (IIC)

IIC is a social services agency serving foreign-born and limited-English speaking people. It provides immigration and naturalization counseling, refugee resettlement services, interpreter/translator assistance, English language classes, vocational training, job assistance, and referrals. IIC is recognized by the U.S. Board of Immigration Appeals and is able to represent aliens before the US Customs and Immigration Service. Charges for services are based on a person's ability to pay. The IIC can also assist victims of human trafficking. **Bridgeport:** 670 Clinton Avenue (203) 336-0141\* **Hartford:** (860) 692-3085\* **Stamford:** (203) 965-7190\* **Website:** [www.iiconn.org](http://www.iiconn.org)

*Documented and undocumented immigrants can be helped through most of the organizations listed in this directory. The agencies below have a mission-related interest in serving the immigrant community.*

#### Hartford Area:

Alianca Brasileira  
2074 Park Street, 2nd Floor ..... (860) 236-0788

Asian Family Services  
237 Hamilton Street ..... (860) 951-8770

Capital Region Conference of Churches  
60 Lorraine Street ..... (860) 236-1295 Ext. 10

Catholic Charities *See listings in Nonprofit Counseling section of this book.*

Community Health Center (Provides health services in over 10 languages)  
500 Albany Ave ..... (860) 249-9625

Connecticut Coalition of MAAs Inc.  
143 Madison Avenue ..... (860) 236-6452

Franciscan Center for Urban Ministry  
285 Church Street ..... (860) 756-4034

Hartford Public Library (Educational programs pertaining to citizenship, immigrant rights, etc), 500 Main Street ..... (860) 695-6300

Jewish Federation of CT  
40 Woodland Street ..... (860) 727-5701

#### New Haven Area:

Catholic Charities *See listings in Nonprofit Counseling section of this book.*

Centro San Jose (Food pantry, community center)  
290 Grand Avenue ..... (203) 777-6771

IRIS (Integrated Refugee and Immigrant Services)  
235 Nicoll Street, 2nd Floor ..... (203) 562-2095

Junta (Multi-service agency)  
169 Grand Avenue ..... (203) 787-0191

#### Bridgeport Area:

Catholic Charities *See listings in Nonprofit Counseling section of this book.*

# Know Your Rights

## Workers' Rights

### Family Leave

**State law:** Anyone working for an employer who has 75 or more employees in Connecticut may take an unpaid leave of up to 16 weeks over a two-year period for birth, adoption, placement of a foster child, or the serious illness of a child, parent, spouse, parent-in-law, or the employee him/herself. An employee must have worked for the company at least one year and at least 1,000 hours in the year prior to the requested leave. At the end of the leave, the employee is entitled to return to the same job, if available, or an equivalent job with equivalent pay and benefits. Contact the Connecticut Department of Labor. **Address:** 200 Folly Brook Boulevard, Wethersfield, CT 06109 **Phone:** (860-263-6790) **Website:** [www.ct.gov/dol](http://www.ct.gov/dol)

### CT Workers' Compensation Commission, Workers' Rehabilitation Services

Workers' Rehabilitation Services are designed to return to work those who have been injured on the job or have contracted an occupational disease and qualify under the Connecticut Workers' Compensation Act. The program offers vocational rehabilitation services including interest and aptitude testing, evaluations, on-the-job or formal training, job-seeking skills, and placement assistance. Their website provides general information on the program as well as a downloadable application form for services. Address: 21 Oak Street, 4th floor, Hartford, CT 06106 **Phone:** (860) 493-1500\* **Website:** [www.wcc.state.ct.us](http://www.wcc.state.ct.us)

**Bridgeport:** 350 Fairfield Avenue ..... (203) 382-5600\*

**Hartford:** 999 Asylum Avenue ..... (860) 566-4154

**Middletown:** 90 Court Street ..... (860) 344-7453\*

**New Britain:** 233 Main Street ..... (860) 827-7180\*

**New Haven:** 700 State Street ..... (203) 789-7512

**Norwich:** 55 Main Street ..... (860) 823-3900

**Stamford:** 111 High Ridge Road ..... (203) 325-3881\*

**Waterbury:** 55 West Main Street ..... (203) 596-4207

**Chairman's Office, Hartford:** 21 Oak Street ..... (860) 493-1500

## Unemployment Insurance

Unemployment Insurance is a joint federal-state program providing benefits for eligible workers who qualify under Connecticut's law. Administered by the state Department of Labor (DOL), Unemployment Insurance benefits are paid when certain legal conditions are met. Individuals can apply for Unemployment Insurance either by telephone (TeleBenefits) or online by visiting the DOL website at [www.ct.gov/dol](http://www.ct.gov/dol). To determine your local TeleBenefits number, visit the DOL website, the blue pages of your phone directory or call 2-1-1.

**Kent, North Thompson, Salisbury, Sharon, Stafford Springs, Westport and Wilton** (This number is not accessible statewide) ..... (800) 354-3305  
**Danielson, Willimantic** ..... (860) 423-2521\*  
**Greater Hartford, Bristol, Enfield, Manchester, New Britain** ..... (860) 566-5790\*  
**Meriden, Middletown** ..... (860) 344-2993\*  
**Bridgeport** ..... (203) 579-6291\*  
**Danbury** ..... (203) 797-4150\*  
**New Haven, Hamden, Ansonia** ..... (203) 230-4939\*  
**New London, Norwich** ..... (860) 443-2041\*  
**Stamford, Greenwich, Norwalk** ..... (203) 348-2696\*  
**Torrington** ..... (860) 482-5581\*  
**Waterbury** ..... (203) 596-4140

## Denial of Benefits or Services

### Social Security Administration

**Social Security (OASDI):** If the Social Security Administration denies benefits or issues a decision deemed unsatisfactory, an appeal can be made at the SSA office within 60 days from the receipt of written notice. To obtain information regarding rights or assistance in preparing for an appeal, contact Statewide Legal Services listed separately in this guide, or a private attorney. Attorneys generally do not become involved in such cases until the Administrative Law Judge Hearing. They usually handle the case on a contingency fee basis – charging for their services only if they win. Attorney fees must be approved by SSA or a court. **Toll-Free:** (800) 453-3320\*

**Supplemental Security Income (SSI):** The same procedures for Social Security denial apply to SSI

### CT Department of Social Services (DSS)

**SAGA:** If assistance is denied, a hearing may be requested at the local Department of Social Services (DSS) office to review the decision. Legal assistance for a fair hearing may be obtained from Statewide Legal Services. **Toll-Free:** (800) 453-3320\*

#### Unemployment Benefits

If a claim is denied, written notice, which includes information on the appeal process, will be sent to the applicant. Appeals may be filed within 21 days of the mailing date of the notification. Information and assistance are available at a local CT Works site, which are listed in the Employment section of this book. Appeals are handled by independent referees and should continue to be filed while awaiting a hearing.

## Center for Medicare Advocacy

CMA provides education, advocacy, and legal assistance to help older people and people with disabilities obtain necessary health care. CMA focuses on the needs of Medicare beneficiaries, people with chronic conditions, and those in need of long-term care. Advice, written materials, and legal services are free to residents of Connecticut. Address: P.O. Box 350, Willimantic, CT 06226 **Toll-Free:** (800) 262-4414 **Phone:** (860) 456-7790\* TDD available **Website:** [www.medicareadvocacy.org](http://www.medicareadvocacy.org)

### Qualidigm®

Qualidigm is a nationally recognized consulting and research company dedicated to improving the quality and safety of health care. It is the Medicare Quality Improvement Organization (QIO) for Connecticut and a designated Patient Safety Organization (PSO). Qualidigm® is authorized to intervene on behalf of Medicare beneficiaries on quality of care issues or with hospital notices of non-coverage for beneficiaries with traditional Medicare or a Medicare managed care plan. **Address:** 100 Roscommon Drive, Middletown, CT 06457 **Medicare Beneficiary Helpline:** (800) 553-7590 (for questions about Medicare or to request a case review). **Phone:** (860) 632-2008 **Website:** [www.qualidigm.org](http://www.qualidigm.org)

### Office of Health Care Access (OHCA)

OHCA can provide guidance to consumers about how to get assistance with hospital bills. Address: 410 Capitol Avenue - MS #13HCA, PO Box 340308, Hartford, CT 06134-0308 **Toll-Free:** (800) 797-9688 **Phone:** (860) 418-7001 **Website:** [www.ct.gov/ohca](http://www.ct.gov/ohca)\*

### Office of the Healthcare Advocate (OHA)

OHA assists consumers with managed care selection by providing information, referral and assistance to individuals about obtaining health insurance coverage and services. OHA assists consumers in filing complaints and is responsible for tracking and quantifying these complaints. This agency is also responsible for educating the general population on managed care rights. **Toll-Free:** (866) 466-4446 **Website:** [www.ct.gov/oha](http://www.ct.gov/oha)

### CT Department of Public Health (DPH)

Complaints about health care services are handled by DPH, Division of Health Systems Regulation. **Address:** 410 Capitol Avenue, MS#12HSR, P.O. Box 340308, Hartford, CT 06134-0308 **Toll-Free:** (800) 828-9769. For specific complaints about: **Health Care Institutions** such as a hospital, nursing home or out-patient clinic: (860) 509-7400; **Health Care Professionals** licensed by DPH: (860) 509-7552; **Home Health Care Agencies** write to DPH or call Toll-Free: (800) 828-9769

## Statewide Legal Services (SLS)

Statewide Legal Services provides free legal advice on a variety of civil law issues such as housing, including landlord-tenant and foreclosure matters; family problems; public benefits problems, such as Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps), energy assistance, State Supplement and Supplemental Security Income (SSI); and consumer issues, including bankruptcy. In some cases SLS can refer the applicant to other legal aid offices in their area for further assistance, representation, and clinics. SLS also provides a wide variety of educational pamphlets on most common legal problems relating to housing, family, public benefits, and consumer issues. Please note that seniors are encouraged to call their local Legal Services office, listed below, rather than SLS. **Phone:** (800) 453-3320\* **Website:** [www.slsct.org](http://www.slsct.org)

<b>Bridgeport*</b> .....	(203) 336-3851
<b>Hartford*</b> .....	(860) 541-5000
<b>New Britain*</b> .....	(860) 225-8678
<b>New Haven*</b> .....	(203) 946-4811
<b>New London*</b> .....	(860) 447-0323
<b>Stamford*</b> .....	(203) 348-9216
<b>Waterbury*</b> .....	(203) 756-8074
<b>Willimantic*</b> .....	(860) 456-1761

## CT Lawyers Legal Aid to the Elderly

The Connecticut Lawyers Legal Aid to the Elderly is operated by Aetna using volunteer attorneys from Aetna and private law firms. The program serves Hartford County residents with limited income and assets who are 60 years of age or older. They advise and represent clients in consumer matters, small claims, landlord tenant disputes, Social Security and Supplemental Security Income problems, Medicaid, and Medicare. Attorneys are also available to prepare wills, living wills, and powers of attorney. **Phone:** 860-273-4303\*

## Consumer Law Project for Elders (CLPE)

Connecticut Legal Services, Inc. offers seniors with consumer problems free legal assistance through a CLPE Hotline that provides free advice, representation and referrals to seniors 60 and older with such consumer problems as credit card debt, medical debt, abusive and harassing collection practices, and identity theft. Seniors with other consumer problems can also call the hotline for advice. **Toll-Free:** (800) 296-1467\*

## CT Commission on Human Rights and Opportunities (CHRO)

CHRO is the state's chief civil rights law enforcement agency. It receives and investigates complaints alleging discrimination in employment, housing, public accommodations and credit transactions on the basis of age, ancestry, color, genetic information, learning disability, marital status, past or present history of mental disability, mental retardation, national origin, physical disability, race, religious creed, sex (including pregnancy), sexual orientation, criminal record (in state employment and licensing), familial status and lawful source of income in terms of housing discrimination, as well as the use of/training a guide dog. Where a violation is found, the Commission provides appropriate relief. Complaints must be filed within 180 days of the alleged act of discrimination. The agency also administers the state Equal Opportunity contract compliance laws to assure that contractors to the state exhibit equal opportunity in their employment and contracting practices. **Toll-Free:**

## Office of the Child Advocate (OCA)

OCA is an independent state agency established to protect the civil, legal, and special rights of all children in Connecticut and to advance policies that promote children's best interests. OCA's mission is to oversee the protection and care of children and to advocate for their well-being. **Address:** 999 Asylum Avenue, Hartford, CT 06105 **Toll-Free:** (800) 994-0939\*

## CT Parent Advocacy Center (CPAC)

CPAC offers information and support to families of children and young adults – from birth to age 26 – with any disability or chronic illness. CPAC believes that parents can be the most effective advocates for their children, given the knowledge and understanding of special education laws and their procedures. CPAC is staffed by parents of children with disabilities who have training in, and personal experience with, the law and disability issues. CPAC conducts in-service presentations for schools, teachers-in-training, and service providers; communicates with parents on a daily basis; and serves on numerous statewide committees. **V/TTY:** (860) 739-3089 **Toll-Free:** (800) 445-2722 **Fair Haven Community Health Center:** (203) 776-3211 **Website:** [www.cpacinc.org](http://www.cpacinc.org)\* **Email:** [www.cpac@cpacinc.org](mailto:www.cpac@cpacinc.org)

## The Office of Protection and Advocacy for Persons with Disabilities (P&A)

P&A is an independent state agency providing information, referrals, advocacy assistance, and limited legal services to people with disabilities whose civil rights have been violated or who are experiencing difficulty securing relevant support services. P&A supports the development of community advocacy groups by providing training and technical assistance. P&A is responsible for investigating abuse and neglect of individuals with mental retardation ages 18-59 and deaths of all individuals with mental retardation over the age of 18 where abuse and /or neglect may have been the cause. **Address:** 60 B Weston Street, Hartford, CT 06120 **Phone:** 860-297-4300\* **Toll Free:** 1-800-842-7303 **TTY:** 860-297-4380 **Website:** [www.ct.gov/opapd](http://www.ct.gov/opapd)

## Office of Victim Services (OVS)

OVS, Connecticut Judicial Branch, is the state's lead agency established to provide services to victims of violent crime. OVS responds by offering information, referral, court-based advocacy, notification programs to victims and their family members, and financial compensation for crime-related expenses to eligible claimants. **Toll-Free:** (800) 822-8428\* **Website:** [www.jud.ct.gov/crimevictim](http://www.jud.ct.gov/crimevictim)

## AIDS Legal Network for CT (ALN)

ALN is a collaborative project of the legal services programs in Connecticut that responds to the legal needs of people living with HIV/AIDS. Some of the situations confronting people with HIV have legal remedies, and there are attorneys throughout the state who are willing and able to represent them. ALN links persons with HIV-related legal needs with attorneys at no cost. ALN also offers legal education to consumer and provider groups, in the areas of housing, family law, government benefits, etc. ALN prepares Health Care Instructions (Living Wills) for people living with HIV/AIDS. **Toll-Free:** (888) 380-3646 **Phone:** (860) 541-5027\*



## CT Fair Housing Center

The Connecticut Fair Housing Center is a statewide organization dedicated to enforcing housing laws. The Center provides advocacy, attorney referrals, and information in connection with individual housing discrimination complaints. **Phone:** (860) 247-4400\* **Website:** [www.ctfairhousing.org](http://www.ctfairhousing.org)

## Connecticut Women's Education and Legal Fund (CWEALF)

CWEALF provides legal information, referrals and advocacy on family, employment, education, and civil rights law. These include discrimination, harassment and family matters such as divorce, child support and custody. A community advocate is available to meet in person in the Greater Hartford area. **Phone:** (860) 524-0601 **Toll-Free:** (800) 479-2949 **Website:** [www.cwealf.org](http://www.cwealf.org)

## Lawyer Referral Services

For civil and criminal cases or just to get some advice or a will, contact the local Bar Association for the name of an attorney who offers the type of legal service that you need.

Hartford County Bar Association .....	(860) 525-6052
Greater Bridgeport Bar Association .....	(203) 335-4116
New Haven County Bar Association .....	(203) 562-5750
New London County Bar Association .....	(860) 889-9384
Bridgeport.....	(203) 335-0577
New London .....	(860) 447-1731*
New Britain.....	(860) 224-7151*
New Haven.....	(203) 389-3321
Waterbury .....	(203) 756-7987



	Food	Cash Assistance	Housing	Energy Assistance	Jobs	Adult Education	Money Management	Homeownership	Health Care	Abuse	Mental Health & Addiction	Specialized Health Services	Child Care	Family Supports	Elderly	Disabled	Veterans	Foreign Born	Legal Questions
Career Resources					6	6,7								21					
Casa Hostos											16								
Casey Family Services														22					
Catholic Charities							8				14,15	18		14,15,21,22					
Center for Medicare Advocacy																		32	
Centro de la Comunidad														21					
Charter Oak Health Plan								9											
Chemical Abuse Services Association (CASA)										16									
Child & Adolescent Mobile Psychiatric Services											13			13					
Child and Family Service Agencies										14				14,15					
Child Guidance Center										14,15				21					
Child Guidance Clinics										14,15				14,15					
Children's Home Community Services, Inc														21					
Children's Rights Council														22					
Child Support													20	22					
CHOICES												28			28				
Christian Activities Council							8												
CL&P Matching Payment program			5																
Commission on the Deaf and Hearing Impaired																29			
Community Health Center Association of CT									10			17	10						
Community Health Centers									10,11				11						
Community Mental Health Center											16								
Community Partners in Action (CPA)												17		23					
Community Solutions, Inc.										23				23					
Community Substance Abuse Centers (CSAC)											16								
Compassion and Choices																			
ConnMAP								10											
ConnPACE								10							10				
CONNTAC-EOC					7														
Consultation Center											16								
Consumer Credit Counseling Service (CCCS)						7	7							16	16				

	Food	Cash Assistance	Housing	Energy Assistance	Jobs	Adult Education	Money Management	Homeownership	Health Care	Health Clinics	Abuse	Mental Health & Addiction	AIDS	Specialized Health Services	Family Supports	Elderly	Disabled	Veterans	Foreign Born	Legal Questions
Consumer Law Project for Elders (CLPE)																33				33
Converse Communications																	29			
Cooperative Extension System	2																			
Co-Opportunity							26	7								26				
Coordinating Council for Children in Crisis									13					13		21				
Counseling Services										14,15	14,15					14,15				
Crisis Stabilization Services											16	16		16						
CRT	24	24	24		24	24	24	8							24	24	24			
CT AIDS Drug Assistance Program (CADAP)													17							
CT Association for Children and Adults with Learning Disabilities						30											30			
CT Association for Home Care and Hospice														18		18				
CT Association for Human Services	1, 24					7,24									24					
CT Association of Adult Day Centers																27				
CT Association of Mental Health Clinics for Children										14	14			14	14					
CT Birth to Three System									13					13	13		13			
CT Breast and Cervical Cancer Early Detection Program									19					19						
CT Bureau of Rehabilitation Services					28	28											28			
CT Childhood Lead Poisoning														19						
CT Coalition Against Domestic Violence										22					22					
CT Commission on Human Rights and Opportunities (CHRO)																				33
CT Community Care (CCCI)																27				
CT Counseling Centers, Inc.												16								
CT Department of Children and Families														20	22					
CT Department of Developmental Services															27, 28		27,28			
CT Department of Economic and Community Development				4																
CT Department of Education						7								20						
CT Department of Labor																				31



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	Food	Cash Assistance	Housing	Energy Assistance	Jobs	Adult Education	Money Management	Homeownership	Health Care	Health Clinics	Abuse	Mental Health & Addiction	Specialized Health Services	Child Care	Family Supports	Elderly	Disabled	Veterans	Foreign Born	Legal Questions
Eastern CT Workforce Investment Board																				
EEIC					6															
Emergency Mobile Psychiatric Services for Youth (EMPS)					7							13			13					
Emergency Psychiatric Services												13,14								
Emergency Shelters			3																	
End Hunger CT!	1																			
F.S. DuBois Center												16								
Families In Crisis															21,23,25					
Family Counseling and Mediation Center															21					
Family Matters															22					
Family Re-Entry												23			23					
Family Service Agencies												15,16,24			24					
Family Services of Central CT												14,15								
Family Strides, Inc.															22					
Foster Care															22					
Genesis Center												17								
Goodwill Industries																	29			
Greater Waterbury Mental Health Authority												14								
Grocery Delivery Service	26															26				
Habitat for Humanity						8														
Harbor Health												16								
Hartford Areas Rally Together (HART)						8									8					
Healthy Start								12					12		12					
HERC			4			8	8													
Hispanic Health Council								24				13			24					
Home Share			27													27				
Home Solutions							8													
Hopeline Pregnancy Resource Center								13					13		13					
Housing Development Fund, Inc.							8													
HRA	24	24	24		24	24	24	24						24	24	24				

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HUD			4						9				9						
HUSKY												14							
Intercommunity Mental Health Center																			
Internal Revenue Service (IRS)							7												
International Institute of CT																		31	
Jewish Family Services												14,15		14,15					
Kidsafe CT														22					
Klingburg Family Centers														21					
Kuhn Employment Opportunities					29										29				
Laurel House											14								
Lawyer Referral Service																			33
Lead Prevention and Treatment													19						
Leeway												17							
Litchfield Visitation Services														22					
Literacy						6													
Madonna Place											21			20	21				
Manchester Memorial Hospital													21	21	21				
Maturity Works				26											27				
McCall Foundation									10					21					
Medicaid																			
Medicare								10											36
Mental Health Association of CT												13							
Mental Health Centers												14,15							
Milo W. Peck Child Development Center														21	21				
Morris Foundation												15							
Multicultural Ambulatory Addiction Services (MAA)												17							
Mutual Housing Association								8											
Narcotics Anonymous												17							
National Alliance for the Mentally III (NAMI)												14							
Neighborhood Housing Services								8											
NEON	24	24	24	24	24	24	24	24						24	24	24			

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New Haven Family Alliance															21					
New Haven Home Recovery			4																	
New Heights												14								
New Life					25	25	25	25										25		
New Opportunities	24	24	24	24	24	24	24	24						24	21, 24	24				
North Central Counseling Services											17									
Northwest Mental Health Authority											14									
Northwest Regional Workforce Investment Board					6															
NUSTART				5																
Oak Hill																	29			
Office of Health Care Access (OHA)								32											32	
Office of Protection and Advocacy for Persons with Disabilities (P&A)									33								33		33	
Office of the Child Advocate (OCA)									33						33				33	
Office of the Healthcare Advocate								32					32						32	
Office of Victim Services (OVS)									33										33	
Operation Fuel				5																
Opportunities Industrialization Centers (OIC)					7															
Parent Child Resource Center											14				21					
Parent Support Centers															21					
Paul & Lisa Program									23						23					
Pediatric AIDS Project												18			18					
Planned Lifetime Assistance Network (PLAN)																	29			
Planned Parenthood of Connecticut								12							12					
Poison Control													19							
Project Courage											16									
Qualidigm®								32											32	
Reach											14									
Regional Growth Connection					6															
River Valley Services											14, 16									
Runaways									22	22					22					



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Rushford Center											16							
Ryan White Service Providers											17							
SAGA		2						9										32
Salvation Army	25		25								15	18		25	25	25		
School-Based Health Centers								11										
Senior Centers																26		
Senior EyeCare Program								28						27				
SERVE New England	1																	
Sexually Transmitted Disease Clinics												19						
Social Security		2															32	
Soldiers' , Sailors' , and Marines' Fund																30		
Soundview											14							
Southeastern Mental Health Authority										16								
SSI		2															32	
St. Mary's Children's Health Center											13							
Stamford Health Systems											13							
State Supplement		3															36	
Statewide Legal Services		33	33											33	33			36
Stay Well Health Center								11										
Suicide Prevention											13							
Supervised Visitation									21				21					
TEAM	24	24	24	24	24	24	24						24	24	24			
Temporary Family Assistance (TFA)		2															32	
The Bridge Family Center											15							
The Connection, Inc.									26	26			26					
Thomaston Counseling Center													22					
Transportation to Work					6													
Tuberculosis Control Program												18						
TVCCA	24	24	24	24	24	24	24						24	24	24			
U.S. Department of Veterans Affairs Regional Office																30		
United Community & Family Services										14, 15								

	Food	Cash Assistance	Housing	Energy Assistance	Jobs	Adult Education	Money Management	Homeownership	Health Care	Health Clinics	Abuse	Mental Health & Addiction	AIDS	Specialized Health Services	Child Care	Family Supports	Elderly	Disabled	Veterans	Foreign Born	Legal Questions
United Services									13			14,16				21					
United Way 2-1-1	2			5		6			10,12			13	15,18		20	22	26				32
Urban League					8	8	8	8													
Veterans' Employment Training Service																			30		
Veterans Tuition Waiver Program																			30		
Village for Families & Children							24				24	14				24					
Visitation Solutions											21					21					
WARM Lines												14									
Waterbury Hospital												16									
Waterbury Youth Services																21					
Weatherization Residential Assistance Partnership (WRAP)				5																	
Wellspring Foundation												15									
West Haven Memorial Clinic												15									
Wheeler Clinic											25	14, 15				25					
WIC	1																				
Workers' Compensation Commission					31																31
Youth and Family Services												15				21					
Youth Service Bureaus (YSB)																22					